

FREE PARENT / COMMUNITY SESSION

Winnipeg School Division presents

Mental Health and Substance Use

Education, Advocacy, Support, Resources

DECEMBER 3, 2019

Grant Park High School - 450 Nathaniel Street

Resource Fair: 6:00-7:30 pm

The resource fair will highlight several agencies in our community that support youth and families.

Keynote: 7:00 pm

Marion Cooper, Executive Director Canadian Mental Health Association

Panel Discussion: 7:30-9:00 pm

Panel Presenters:

- Addictions Foundation of Manitoba
- Cory Guest, Paramedic, Pubic Education Coordinator
- Macdonald Youth Services
- Marymound
- Manitoba Advocate for Children and Youth
- Youth Hub
- Parent with lived experience
- Winnipeg School Division Healthy Minds Specialist

Topics include:

- Co-occurring relationship between mental health and addiction
- Emerging trends in substances
- How to access resources/services
- How your child's school can provide support

For additional information please contact:

Fiona England, Healthy Minds Specialist

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To register and request a child-minding space please contact:

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WINNIPEG SCHOOL DIVISION

