“Develop a passion for learning, if you do, you will never cease to grow.”
- Anthony J. D’Angelo

After the relaxing, fun-filled days of summer, we are often left wondering how to fill our time and keep our minds active during the fall and winter months. We invite you to look at the many new courses we are offering this fall. They include Beyond Macramé, Multi-Media painting, Moccasin Making Workshop, Beading workshop, and much more. Whether you like arts/crafts, learning a new language, updating your computer skills, exercising, or relaxing, we have many different courses that fit the needs of various age groups. Our full-time programs provide students with hands-on learning for transition to a new career path. We offer Health Care Aide, Health Unit Clerk, Educational Assistant and Taxi Cab Driver Training Program. Due to the demand we have an additional Health Unit Clerk program for those who are Health Care Aides and would like to advance to Nursing Assistant. Our instructors are experts in their respective fields and ensure that you receive the most up-to-date information and training.

Wanda Taylor, Manager
HEALTH CARE AIDE
Students are trained to become health care workers. Graduates work with hospital patients, personal care home residents, or home care clients to meet their physical, emotional, and social needs. Course includes growth and development, gerontology, activities of daily living, care of the chronically ill, communications, medical terminology, anatomy and physiology. There are some Saturday and evening requirements. There are two 120-hour practicums. 620 Hours

Part Time Program
September 4, 2019 to June 12, 2020
Monday and Wednesday’s 6:00 - 9:30 pm. Selected Saturdays 9:00 am. - 4:00 pm.

Full Time Program
January 20, 2020 to June 12, 2020
Monday to Friday 9:00 am. - 3:00 pm. Selected Saturdays 9:00 am. - 4:00 pm.
$3150.00

HEALTH UNIT CLERK
Students are trained in the health care delivery system. Course includes maintaining patients and unit records, medical terminology, processing physician orders, diagnostic and laboratory orders, managing unit supplies, CPR, Non-Violent Crisis Intervention and MS Office 2016. There are some Saturday and evening requirements. 160-hour practicum
*Due to high demand for this certificate program, this course will be available for 2020/2021

MEDICAL TERMINOLOGY
This intensive course teaches the basic elements of medical terminology, diagnostic tests, abbreviations and some pharmacology related to body functions, structures and health care systems. Body systems and human anatomy will be reviewed. Textbooks provided.
Tuesdays & Thursdays
September 5 to October 31
6:00 - 10:00 pm. FCA2N-19 (JT)
$425.00
Derek Debrecen

EDUCATIONAL ASSISANT
Students are trained to work with children who have special needs or behavioural challenges at all grade levels. Course includes the role of the Educational Assistant in schools, special needs and behaviour theory, instructional techniques, observation and record keeping, Standard First Aid, Non-Violent Crisis Intervention and MS Office. There will be two 50-hour practicums, held Monday-Friday during school hours. Selected evenings and Saturday classes are scheduled.
*Due to high demand for this certificate program, this course will be available for 2020/2021

CANADIAN RED CROSS LEVEL C CPR/FIRST AID
In one day, you can learn the skills to save a life. This course includes adult, child and infant CPR and choking maneuvers, recognizing the signs and symptoms of a heart attack and stroke, and how to reduce the chances of developing cardiovascular disease. Learn how to use an AED (Automated External Defibrillator), CPR manual and a certificate will be provided.
Saturday
November 30
8:30 am. - 4:30 pm. FCA1M-19 (JT)
$79.00
Gord Hanna

WEVAS - WORKING EFFECTIVELY WITH VIOLENT/AGGRESSIVE STUDENTS
Do you work with people who may become anxious, agitated, aggressive or even violent? WEVAS is a program designed to help develop and improve communication skills used to enable these people to return to their optimal state.
Wednesdays (2X) October 23 and 30
6:00 - 10:00 pm. FCA9-19 (JT)
$129.00
Barry Wolfe

TAXICAB DRIVING TRAINING PROGRAM
Driving a taxi, limo or executive car provides employment opportunities with flexible hours. Must pass an English Assessment test before booking into the Taxicab Driver Training Program. Training includes; geography, map reading, route planning, quality customer service and defensive driving. Must attend all classes in full prior to writing exam. English Assessment tests are held every Tuesday morning beginning at 8:00 a.m. sharp at the Continuing Education office, located at 470 Hamilton Ave. Call 204-832-9637 to book an appointment. English Assessment Test $15/Taxicab Driver Training Program $300.
For further information please go to: www.winnipeg.ca/vehiclesforhire
CERTIFICATE IN TEACHING ADULTS
This is your invitation to teach others in-person and join in one of the more important functions in life - passing on knowledge and skills to others. We will give you both the fundamental and advanced information to improve your teaching. Your lead instructor is author of How to Teach Adults, the best-selling book on the subject. The ebook version is included in the course.
FGC15-19 September 3 - October 25 $389

CERTIFICATE IN ONLINE TEACHING
For those new to teaching online, or those already teaching online. Get the best instruction from the foremost authorities in online learning. From building an online course to improving an online course, from fostering online discussion to encouraging student interaction, from traditional assessment to online tests, the program will give you both the fundamentals of teaching online, as well as the most advanced tips and techniques in the business.
Your instructors are authors, speakers and consultants in online learning and teaching.
FGC4-19 September 3 to November 29 $649

WORKPLACE MENTORING & COACHING CERTIFICATE
LEVELS 1 & 2
Discover how you and your team can find helpful strategies to navigate through work and life. This certificate course is divided into Workplace Mentoring & Coaching Levels, 1 & 2. Level 1 will introduce you to leadership competencies, its benefits and how you see yourself in the workplace. Level 2 will enhance your skills in the development, implementation and support of coaching and mentoring programs in your workplace. Some important topics covered include; critical analysis and improvement of your programs, group dynamics and innovative strategies to create the working environment that your employees will find truly rewarding.
FGC11-19 September 3 to November 1 $449

STRESS MANAGEMENT IN THE WORKPLACE
Stress isn’t the enemy. It is our perceptions of stress that amp our anxiety and use up all our steam. Events happen every day. How we interpret those events can set the stage for how we feel and how we react to others. Reducing stress is as easy as understanding what stress is to you, and using that knowledge to restructure your thoughts. Turn stress into a stepping stone, not a stumbling block?
FGC9-19 November 4 to November 29 $189

ENTREPRENEURSHIP CERTIFICATE
Learn how to create a business plan, including assessing business feasibility and prepare the management and financial plans. Then take home a step-by-step approach to attract and keep customers. At the end of this certificate you will be able develop goals to help establish your business, develop an outline for your plan, and take home techniques to successfully manage and market your new business.
FGC6-19 September 3 to November 29 $649

CERTIFICATE IN SALES
Gain a better understanding of the importance of the sales function and learn new skills in relationship management, prospecting, customer management, and delivering a compelling sales presentation. Move yourself or your sales team to increased success.
FGC10-19 September 3 to November 29 $649

CERTIFICATE IN DESIGNING WEBINARS
Acquire the best professional development in webinar design, presentations, planning, and marketing. Discover the power of successful webinars for your business organization. Then learn the four key strategies to make your webinars more successful. Then acquire the webinar planning skills involved in budgeting, pricing, and marketing webinar meetings.
FGC7-19 September 3 to November 1 $449

BOOKKEEPING CERTIFICATE
Whether you are an entrepreneur, running a family business, or looking to advance your career and add to your skill set, this Bookkeeping Certificate will provide you with the knowledge needed to measure, and manage, the financial health of your business. It’s imperative you understand how the process works and are able to complete the accounting cycle accurately and in a timely fashion. Even if you plan to outsource your bookkeeping needs, you should still understand how the process works. No one should be clueless when it comes to the finances of their business.
FGC1-19 September 3 to November 29 $649

FOOD SAFE - CERTIFIED FOOD HANDLERS TRAINING
Do you want to work in the food service industry? The City of Winnipeg Food Handlers Certificate is required for employees handling food who have contact with the public. Food Safe is able to accommodate special needs for English as an Additional Language, literacy, hearing and visual challenges. Manitoba Certificates are issued upon successful completion of the exam.
Saturday October 19 FCA5-19 (JT)
Saturday November 16 FCA6-19 (JT)
Saturday January 18 FCA7-19 (JT)
9:30 am. - 4:30 pm. $89.00
Lesly Andrews
Optional manual fee pd. to instructor
$20 for English, $25 for Bilingual

We can help you improve your computer knowledge whether you are a novice or an experienced computer user. See pages 6 & 7
Enrichment Courses

Arts

MACRAME WALL HANGING
Did you know the art of macrame is making a comeback? This fun class is led by Christine who will teach you how to create your own macrame wall hanging. Join in to discover the beauty of this unique art form and take home your own creation. Materials needed are: thick macrame cord - 1/2 to 1" thick, large T pins, large beads to fit on cord (optional). Supplies can be ordered from Amazon.ca
Mondays (2X) September 30 and October 7 6:30 - 8:30 pm. FFC2-19 (JT)
$35.00 Christine Bye

BEYOND BASIC MACRAME
Would you like to learn more macrame? This course is designed for those who have taken the introductory Macrame Wall Hanging class or already know the basics. Learn the more intricate knots and make a planter and a wall hanging. Supplies needed are; two balls of 3mm macrame cord (Lalwyio brand) or 4mm macrame cord. Supplies can be ordered from Amazon.ca
Mondays (2X) October 21 and October 28 6:30 - 8:30 pm. FFC7-19 (JT)
$35.00 Christine Bye

DRAWING WITH CONFIDENCE
Everyone can draw! Learn the basics of drawing, line form and proportion. The instructor will guide you in working with pencil, charcoal, charcoal pencil, conte and colour pencil. You will explore a variety of paper types and learn to draw still life, photographs and portraits. Use finishing techniques to make your drawing into a work of art. Material list provided.
Tuesdays (6X) September 17 to October 22 6:00 - 8:30 pm. FFC1-19 (JT)
$65.00 Karen Franklin

MAPLE LEAVES ON A CANVAS
Explore this new art course using acrylic paint to create a scene. Your instructor will teach you how to paint actual maple leaves on a canvas. Take your painting home to display or give as a unique gift. Material list provided.
Wednesdays (3X) October 30 to November 13 6:00 - 8:30 pm. FFC1A-19 (JT)
$45.00 Karen Franklin

SNOWMAN ON A WOODEN CANVAS
Create a door hanging or shelf decoration on a wooden board using acrylic paint. This will make a wonderful Christmas display or a great gift for someone special.
Mondays (5X) November 18 to December 16 6:30 - 8:30 pm. FFC1B-19 (JT)
$59.00 Karen Franklin

INTRODUCTION TO WATERCOLOURS
Watercolour is a wonderful medium for creating works of fine art and illustrations. This course provides the opportunity to experience a variety of watercolour techniques such as wet & dry method, washes, blends and masking. In this class, students will develop their colour mixing skills by understanding the use of transparency to create a beautiful picture filled with vivid colours. Material list and discount coupon provided at first class.
Wednesdays (6X) October 9 to November 13 7:00 - 9:30 pm. FFC4-19 (SHC)
$65.00 John F. Smeulders

ACRYLICS USING A PALETTE KNIFE-SAILBOATS
Using a palette knife, learn to create texture and interest to your abstract sailboat acrylic painting. For added glamour, your instructor will teach you how to add gold leaf. You will need 18X18 canvas, acrylic paints, white, medium grey, light grey, black, turquoise, teal, primary blue, 2-1" flat brush & palette knife. Gold Leaf with adhesive, ruler, pencil, transfer paper, water container and paper towels.
Mondays (2X) November 18 and November 25 6:30 - 9:30 pm. FFC9-19 (SHC)
$35.00 Anastasia Spiridakos

ABSTRACT ALCOHOL INK ACRYLIC
If you love abstract art and colour, this is the class for you! This experienced art teacher will take you through the steps of applying alcohol ink to canvas and yupo paper. During the first class, you will grasp the knowledge of how alcohol ink flows on two different mediums. The second class you will learn how to enhance and decorate your vibrant art with posca or gel markers. You will have a beautiful piece of art to show off. Materials required are: 1-8X10 canvas board, 3-5 alcohol inks, small paint brush, 90% or higher of alcohol from your local pharmacy.
Thursdays (2X) October 17 and October 24 6:30 - 9:30 pm. FFC5-19 (SHC)
$35.00 Kelly Konechny

ACRYLICS FOR BEGINNERS
Join us for fun and learning and take home a completed picture at the end of each session. This experienced art instructor will teach you techniques for working effectively with acrylic paint to create and develop your own artistic work. Wear old clothes. Material list and discount coupon provided at first class.
Wednesdays (6X) October 8 to November 12 7:00 - 9:30 pm. FFC3-19 (SHC)
$65.00 John F. Smeulders

ABSTRACT ALCOHOL INK COASTERS AND EMBOSsing
Come out and discover this beautiful art medium. The vibrant colours and versatility of this medium will mesmerize you. You will use embossing powders to embellish your artwork on ceramic tiles. Makes beautiful gifts for any occasion. Supplies required: Alcohol inks, mixatives of your choice, embossing powders, embossing ink, 70% rubbing alcohol, disposable gloves, blow dryer, Q-tips, paper towels, 1 white ceramic tile (8X12) and 6 white tiles (4X4 or 6X6)
Mondays (2X) December 2 and December 9 6:30 - 9:30 pm. FFC11-19 (SHC)
$35.00 Anastasia Spiridakos

EMBOSSING
Beautiful artwork can be made with embossing powders. This course is designed for those who have had experience with this medium.
Mondays (2X) December 2 and December 9 6:30 - 9:30 pm. FFC11-19 (SHC)
$35.00 Anastasia Spiridakos

ABSTRACT ALCOHOL INK COASTERS
Make stunning beautiful coasters! Come and create this beautiful art medium with the support of this skilled instructor.
Mondays (2X) December 2 and December 9 6:30 - 9:30 pm. FFC11-19 (SHC)
$35.00 Anastasia Spiridakos

Phone: 204-832-9637

Arts

MULTI MEDIA PAINTING  NEW!
Explore the possibilities with this art form. A mixed media painting is one that combines different painting and drawing materials and methods, rather than only one medium. In this class you will be painting a flower with acrylic paint, create texture with gold leaf, palette knife and rust-like texture faux finish. Supplies required: 16X20 Canvas, Palette Knife, Brushes, 2-3/4” domed dry stipple brushes, 1” flat Brush 8” filbert Brush. Paints - Black, White, Burnt Umbre, Yellow Ochre, Burnt Sienna.
Mondays (2X) October 21 and October 28
6:30 - 9:30 pm. FFC6-19 (SHC)
$35.00
Anastasia Spiridakos

MOCCASIN MAKING WORKSHOP
Discover how you can make beautiful moccasins for yourself or as gifts. This experienced instructor will take you step-by-step through the process from making your own custom foot pattern, beading techniques to the completion of your project. Materials needed are: 4 square feet or 2 feet by 2 feet of leather (instructor asks you buy 5 feet to leave room for errors), 3 to 4 feet by 2 inches wide glover needles, beading needles, beading thread and sinew.
Thursdays (4X) November 14 to December 5
6:30 - 9:30 pm. FFC8-19 (SHC)
$55.00
Geraldine Dondo

INTRODUCTION TO ENCAUSTIC ART
Discover this new art form. Encaustic painting is also known as hot wax painting. Come out and learn how to use wax, its history and create a small painting using this beautiful medium. You will need the following supplies: 8X10 wooden panel, 8X10 canvas board (bought at the Dollar Store), Paraffin wax, box of crayons, hot bristle brushes from a hardware store 2” & 3” and a heat gun.
Mondays (2X) January 20 and January 27
6:30 - 9:30 pm. FFC13-19 (SHC)
$35.00
Anastasia Spiridakos

BEADING WORKSHOP  NEW!
This beginner class will take you through the steps to create a beaded bookmark for yourself or to give as a unique gift. You will learn the 1 and 2 needle flat stitch beading technique. Materials required: 2 colours of felt squares, seed beads (size 10, beads can be purchased at Winnipeg Trading Post or Bessie’s Beads), 1 package of beading needles (size 10 short beading needle) or beading needle No. 11, Gold eye (46mm X 33.3mm), white or black bonded nylon thread for beading.
Thursdays (4X) January 16 to January 23
6:30 - 9:30 pm. FFC12-19 (SHC)
$55.00
Geraldine Dondo

AMIGURUMI IN MOTION
Amigurumi is the Japanese art of knitting or crocheting small, stuffed yarn creatures. Christine will take you through instructions on how to crochet, stuff and decorate a small bunny or other animal. The project will be pigs in a pool or bunnies riding carrots. This craft course requires a basic knowledge of crocheting. Makes great Christmas gifts. Materials needed: 1 ball of any type of 4 yarn colour of your choice, a 4.5 mm hook and a 4mm hook, 1 bag of polyester stuffing and a large sewing needle.
Mondays (3X) November 25 to December 9
6:30 - 9:30 pm. FFC10-19 (SHC)
$45.00
Christine Bye

Business

SMALL BUSINESS START-UP AND DEVELOPMENT
If you’re thinking about starting your own business, this course will teach you the steps from start-up to development. Topics include: legal structures of business, licenses and name registration, market research, business plan development, financing, sales, customer service, taxation (GST/PST, income taxes), basic financial reports, insurance, contracts, projecting revenue, risk management, marketing and promotion (including Internet presence).
Thursdays (4X) September 24 and October 1
6:30 - 9:30 pm. FBU2-19 (SHC)
$35.00
Melissa Flanagan

WORKPLACE CONFLICT SOLUTIONS CERTIFICATE  ONLINE!
Find out how to deal with difficult personalities and broach challenging subjects in the workplace. Gain skills to be an effective team member and leader in the workplace by taking control of the conversation, managing your reactions, and navigating problematic interactions with ease. Discover a workable conflict management model, discuss case studies in conflict management, and then take away successful conflict management strategies to apply in your workplace.
FGC12-19 September 3 to November 29
$649

SUPERVISION ESSENTIALS
Develop the tools you need to manage effectively. Topics include: team building, communication skills, leadership styles, performance appraisals, progressive discipline and much more. This course contains very valuable material for new supervisors and managers.
Tuesdays (2X) September 24 and October 1
6:30 - 9:30 pm. FBU2-19 (SHC)
$35.00
Melissa Flanagan

RESUMES THAT WORK
Get on the right track for your job search! The first step is to write an effective resume that will open doors. Draft a more interesting and functional resume. Great advice if you’re looking for a job. All ages welcome!
Wednesday November 20
6:30 - 9:30 pm. FBU9-19 (SHC)
$25.00
Melissa Flanagan

Plan for tomorrow, today.
Register online at www.localcourses.com/sjsd
Business

FUNDAMENTS OF BUSINESS ACCOUNTING
This course is designed for a quick overview of basic accounting concepts, terminology and procedures. Understand debits, credits and practice how to record journals, ledgers and create simple financial statements.

- Tuesdays (5X): October 8 to November 5, 6:30 - 9:30 pm.
- FBU4-19 (SHC)
- $95.00
- Valerie Taylor

BUSINESS ACCOUNTING - LEVEL 2
Build on the concepts that you learned in the Fundamentals of Business Accounting course. You will take a more in-depth look at financial statements and expand on merchandising, including cost of goods sold and accounts receivables. You will learn to produce complex financial statements and work with ratios to analyze those statements.

- Tuesdays (5X): January 7 to February 4, 6:30 - 9:30 pm.
- FBU10-19 (SHO)
- $95.00
- Valerie Taylor

CERTIFICATE IN ACCOUNTING AND FINANCE FOR NON-FINANCIAL MANAGERS
Every successful person in the workplace utilizes financial information to aid effective decision making. The Certificate in Accounting and Finance for Non-Financial Managers explains the financial concepts and accounting processes used in most businesses and will provide practical techniques that will increase your effectiveness and career.

- FGC16-19: September 3 to November 29
- $649

CERTIFICATE IN PROJECT MANAGEMENT
Project management is one of the fastest paths to promotion by increasing your network through greater exposure. Gain the skills to confidently develop and maintain a project, and acquire a well-rounded knowledge of the five Project Management Processes and learn the ten Project Management Knowledge Areas and their support role and relationships to the five Project Management Processes.

- FGC2-19: September 3 to November 29
- $649

WRITING WINNING PROPOSALS FOR PROJECT MANAGEMENT
Discover how to understand project management tools and processes from this experienced instructor. She will provide tips on how to manage teams and stakeholders to achieve project goals. At the end of the presentation, you will be more comfortable in writing winning proposals.

- Thursday: November 7, 6:30 - 9:30 pm.
- FBU6-19 (SHC)
- $25.00
- Selene Paul

DIGITAL MARKETING CERTIFICATE
Get a fundamental yet advanced introduction to eMarketing, including improving email promotions, analyzing your website traffic, doing search engine optimization, and how to successfully employ online advertising. Relevant for any type of organization, including businesses, companies, non-profits, and government agencies.

- FGC3-19: September 3 to November 29
- $649

CREATE BLOGS THAT GET NOTICED
Are you new to the social media world? Blogging is a platform where you can express yourself and let your expertise and passion show. This class will show you how to set up a blog using WordPress, create its content and develop your business or personal community.

- Saturday: December 7, 9:00 am - 12:00 pm.
- FBU11-19 (JT)
- $25.00
- lanthe Warner

MANAGING SOCIAL MEDIA PLATFORMS CERTIFICATE
Get a skill set for working and managing different social media platforms. You will get a firm foundation in Twitter, LinkedIn, and Facebook platforms. Come away with both an understanding of these social networks and practical, how-to techniques to integrate social networks into your organization or business.

- FGC5-19: September 3 to November 29
- $649

SOCIAL MEDIA FOR BUSINESS CERTIFICATE
Discover the new principles of communication that apply across all networks and how these specific social networks work and the possible uses for your organization. Learn how social networks are used to develop a two-way communication and marketing strategy for your organization and take back a plan to integrate social networks into your communication and marketing.

- FGC8-19: February 4 to April 26
- $649

Computers

MS EXCEL 2016 FOR THE ABSOLUTE BEGINNER
Are you interested in learning about Excel or upgrading your skills on a new version of Excel? Begin with the Basics! Learn how to create, save, share and print worksheets that contain various kinds of calculations and formatting.

- Wednesdays (2X): October 2 and October 9, 6:30 - 9:30 pm.
- FCO4-19 (JT)
- $69.00
- lanthe Warner

MS EXCEL 2016 THE NEXT STEP
Excel with Excel! Learn how to use tools for analysis and presentation of data. You will also be able to manage complex workbooks, build more complex functions, use data analysis tools, chart and presentation features and collaborate with other users.

- Wednesdays (2X): November 6 and November 13, 6:30 - 9:30 pm.
- FCO8-19 (JT)
- $69.00
- lanthe Warner

MS EXCEL 2016 ADVANCED
Expand your knowledge with this popular spreadsheet program. Learn advanced functions and formulas, how to import and work with data, how to export data to use in other programs. You will also be working with macros, forms and pivot tables.

- Wednesdays (2X): November 27 and December 4, 6:30 - 9:30 pm.
- FCO10-19 (JT)
- $69.00
- lanthe Warner

Register Early! Courses may fill up quickly or be cancelled due to low registration.
Computers

CERTIFICATE IN MASTERING EXCEL
Microsoft Excel is the most used spreadsheet tool in the world. Learn how an Excel worksheet is constructed, populated with content, and edited for delivery. Discover how various menu items, commands, settings and processes affects the look of your Excel worksheets and workbooks. Increase your efficiency by learning how to organize, display and calculate your data into useful information.

FGC13-19  September 3 to November 29  $649

MS OFFICE 2016 - INTRODUCTION
Learn introductory skills in Word, Excel and Power Point. Word skills include tools, tables, tabs and mail merge. Excel skills include tips for entering data, formulas, functions and charts. Power Point skills include creating presentations with pictures and animation.

Tuesdays (6X)  September 24 to October 29  6:30 - 8:30 pm.  FCO1-19 (SHC)  $79.00

INTRODUCTION TO THE MAC
Familiarize yourself with components and jargon. You will be introduced to the operating system and learn to work in this user-friendly environment. Students will learn to double-click, make a new folder, cut, copy/paste, customize the computer, and much more!

Mondays (3X)  September 30 to October 21  6:30 - 9:30 pm.  FCO3-19 (SHC)  $65.00  Amandeep Kaur

COMPUTER BASICS
Computer skills for the absolute beginner! Learn about the Windows Operating System, word processing, file management, internet and email.

Thursdays (4X)  October 3 to October 24  6:30 - 9:30 pm.  FCO6-19 (JT)  $79.00  Ianthe Warner

COMPUTER BASICS, THE NEXT STEP
Enhance your basic computer knowledge and build upon the topics covered in Computers Basics class. Students will have the opportunity to practice skills in a lab setting. You will learn more about Windows, word processing, email and the internet. Please bring a memory stick to class.

Thursdays (4X)  November 7 to November 28  6:30 - 9:30 pm.  FCO9-19 (JT)  $79.00  Ianthe Warner

RESTORING OLD PHOTOGRAPHS DIGITALLY
Do you have faded family photos that you love? Discover how to restore photos to their old glory. In just a few hours, learn simple computer techniques that will have you restoring those beautiful photographs. Makes lovely gifts for birthdays, anniversaries or Christmas.

Tuesdays (2X)  January 21 and January 28  6:30 - 8:30 pm.  FCO13-19 (SHC)  $35.00  Mark Kutcy

Creating and Sharing Your Own Photo Slideshow
Do you have lots of photos on your iPhone or iPad? Not sure how to get them off your device to share them? Come and learn how to make a slideshow with your photos so you can share them with family and friends via email, text message or on a website. Please bring your iPhone or iPad with photos to class.

Wednesdays (2X)  September 25 and October 2  6:00 - 8:30 pm.  FCO2-19 (SHC)  $35.00  Troy Vezina

KEYBOARDING
This hands-on course is a great way to learn the touch method of typing using a personal computer keyboard. Emphasis will be placed on developing and improving speed and accuracy.

Wednesdays (6X)  January 15 to February 19  7:00 - 9:00 pm.  FCO12-19 (SHC)  $79.00  Ianthe Warner

CERTIFICATE IN WEB DESIGN
Understanding what it takes to produce effective web design is essential in today's market of highly saturated digital competition. Discover the basics of web design using HTML and CSS. Find out how to create effective and dynamic websites/applications. Take away a functioning web application hosted on a web server that is both accessible and Search Engine Optimized.

FGC14-19  September 3 to November 29  $779

Finances

CREATING YOUR RETIREMENT PAYCHEQUE AND YOUR WILL & ESTATE PLAN
Do you know how much money you need to retire comfortably? Is your Estate Plan a part of your Retirement Plan? Topics include changes to CPP & OAS, Tax Strategies, Employer Pension Plans, RSP, RIF, LIRA, LIF, TFSA, Power of Attorney, Tax Planned Will, Role of The Executor, and Use of Trusts.

Wednesday  September 18  FBU1-19 (SHC)
Wednesday  October 16  FBU5-19 (SHC)
Wednesday  November 13  FBU7-19 (SHC)
Wednesday  January 29  FBU12-19(SHC)
6:30 - 8:00 pm.  No Charge  Andrew Mcgrath

FINANCIAL PLANNING - GETTING ON TRACK IN THE EARLY YEARS
Take a look ahead to your future and understanding the importance of detailed financial planning “early enough” to make the necessary adjustments and ensure a comfortable retirement. Topics will include tax planning, RRSP, TFSA, education and disability savings plans, as well as a comprehensive look at mortgage options, insurance, and beneficiary designations.

Thursday  November 14  FBU8-19 (SHC)
Thursday  January 30  FBU13-19 (SHC)
6:30 - 8:00 pm.  No Charge

BOOKKEEPING CERTIFICATE
Whether you’re an entrepreneur, running a family business, or looking to advance your career, this Bookkeeping Certificate will provide you with the knowledge needed to measure, and manage, the financial health of your business. It is imperative you understand how the process works and are able to complete the accounting cycle accurately and in a timely fashion. Even if you plan to outsource your bookkeeping needs, you should still understand the process. No one should be clueless when it comes to the finances of their business.

FGC1-19  September 3 to November 29  $649
Fitness

THE JOYS OF BELLY DANCING
Belly dancing is energizing, graceful, calming and easy to practice. Learn basic dance styles as you move to Middle Eastern rhythms. Gain flexibility, strength, tone and improved posture. Belly dancing also promotes self-confidence and self-esteem. Wear loose fitting clothing and bring a scarf to tie around your hips.

Wednesdays (9X)
September 18 to November 13
6:30 - 7:45 pm.
FFT2-19 (WS)
$75.00

September 18 to November 13
6:30 - 7:45 pm.
FFT17-19 (WS)
$79.00
Ildiko Gyarmati

MORE JOYS OF BELLY DANCING
This class is for those who have some experience and wish to learn more dance moves. Continue to explore the meditative qualities and experiment with personal expressions of the dance. Improve your veil work, improvise with your sister dancers, gracefully interpret, and perform choreographic moves.

Wednesdays (9X)
September 18 to November 13
8:00 - 9:15 pm.
FFT2-19 (WS)
$75.00
Ildiko Gyarmati

RESTORATIVE YOGA
Relax and rejuvenate with this restorative yoga class. The use of props and long supported holds soothes the mind and allows for a deeper release, bringing a calming effect to your day. Bring a mat, towel and a water bottle. For students at all levels.

Satrurdays (6X)
September 18 to November 13
9:30 - 10:30 am.
FFT3-19 (JT)

Satrurdays (6X)
January 18 to February 29
9:30 - 10:30 am.
FFT18-19 (JT)
$69.00
Andrea Baryliuk

LIVING YOGA
This course aims to improve flexibility, balance, posture and strength. Your breath and gravity takes you gently into each pose without pulling or straining. Gentle Yoga disciplines the body, mind and spirit. Each lesson includes a 15 minute relaxation/meditation session.

Wednesdays (8X) October 2 to November 20
6:30 - 7:30 pm.
FFT7-19 (JT)
$75.00
Erika Goodman

PILATES WITH LORNA
Would you like to improve or maintain your fitness and flexibility in a low impact workout environment? Using simple, fluid movements you will increase range of motion within your joints, stretch and lengthen muscles, be aware of breathing patterns and spinal alignment while engaging your core muscles. No previous Pilates experience is necessary.

Thursdays (8X) September 26 to November 14
6:00 - 7:00 pm.
FFT4-19 (JT)
$75.00
Lorna Pankratz

Thursdays (8X) January 9 to March 12
6:00 - 7:00 pm.
FFT13-19 (JT)
$75.00
Lorna Pankratz

ZUMBA FOR BEGINNERS
NEW!
Come out and burn calories with this easy to follow, knee friendly Zumba class. This music driven exercise class will use three or four different dance patterns to move safely, easily and with fun.

Tuesdays (6X)
October 1 to November 5
6:30 - 7:30 pm.
FFT5-19 (LS)

Tuesdays (6X)
January 14 to February 25
6:30 - 7:30 pm.
FFTSA-19 (LS)
$69.00
Lorna Pankratz

POUND
POUND™ using Ripstix (lightly weighted drumsticks) is a full-body workout that combines cardio, conditioning and strength. It utilizes Yoga and Pilates inspired movements to create an invigorating workout routine. Participants will need to bring a yoga mat. Instructor will provide the drumsticks. Designed for all fitness levels.

Saturdays (6X) November 2 to December 14
10:45 - 11:45 am.
FFT10-19 (JT)
$69.00
Lorna Pankratz

FITNESS KICKBOXING
NEW!
Discover the health benefits of this full body workout. Have fun with jabs/hooks/kicks while you experience increased muscle tone, improvement in balance and flexibility. The class includes using the large muscle groups and core strength for kickboxing and then progressing to improving range of movement and strengthening the smaller supporting muscles. Designed for all fitness levels.

Mondays (6X) October 7 to November 25
6:00 - 7:00 pm.
FFT9-19 (JT)

Mondays (6X) January 13 to February 24
6:00 - 7:00 pm.
FFT14-19 (JT)
$69.00
Lorna Pankratz

ZUMBA FOR BEGINNERS
NEW!
Come out and burn calories with this easy to follow, knee friendly Zumba class. This music driven exercise class will use three or four different dance patterns to move safely, easily and with fun.

Tuesdays (6X)
October 1 to November 5
6:30 - 7:30 pm.

Tuesdays (6X)
January 14 to February 25
6:30 - 7:30 pm.

$69.00
Lorna Pankratz

DYNABODY TOTAL FITNESS
Dynabody Total Fitness Training is a fun and challenging workout that focuses on all areas of fitness. It will improve your strength, stamina, coordination and energy levels. The key is on functional exercises, strength training and metabolic cross-training - which is the best for conditioning the body, burning fat and improving your heart health.

Innovative activities that incorporate calisthenics, resistance training, ab- dominal and core body exercises. With the emphasis on proper technique and coaching - there is no better way to refresh your body, restore your energy and beat stress. Enjoy the camaraderie and the challenge!

Tuesdays (10X)
October 1 to December 3
6:30 - 7:30 pm.

Thursdays (10X)
October 3 to December 5
6:30 - 7:30 pm.

$85.00
Doug Yaholkoski

BRING A FRIEND!
“Friends give you energy to keep to your commitment.”

Call 204-832-9637 to register by phone
Health and Wellness

I AM ENOUGH
Have you ever felt/fear that you are not (rich, good looking, sexy, successful, smart...) enough? In this seminar, Pamela will guide you through soul nurturing exercises and meditations to assist you in coming to the place of recognizing that “You are enough.”
Tuesday    September 17
7:00 - 9:00 pm.        FHL1-19 (SHC)
$25.00        Pamela Thrift

MEDITATION: A WAY BACK TO WHOLENESS
Discover the preciousness of all that you are. When we meditate, we take the time to be present to ourselves to listen and connect. In this discovery we recognize our whole being. Come enjoy being guided on your journey in meditation with Pamela. This class is suitable for all levels of meditation experience.
Tuesdays (6X) November 5 to December 10
7:00 - 9:00 pm.        FHL5-19 (SHC)
$95.00        Pamela Thrift

EMOTIONAL FREEDOM TECHNIQUE
The Emotional Freedom Technique (EFT, also known as the Tapping Technique), helps with healing on all levels. Discover the vital secret for emotional wholeness and physical relief. You can take your physical and emotional well-being into your own hands. It's simple and easy for anyone to learn.
Tuesday    January 14
7:00 - 9:00 pm.        FHL6-19 (SHC)
$25.00        Pamela Thrift

QI GONG
Qi Gong (pronounced chee gong) is an ancient Chinese health and wellness activity that involves slow gentle movements, breathing techniques and meditation. Come and join us to learn the basics of these serene exercise techniques and awaken the healing, calming energy within you.
Thursdays (4X) September 26 to October 17
7:30 - 8:30 pm.        FHL2-19 (JT)
$55.00        Christine Bye

HEALING WITH CHI & CREATIVITY
Explore new techniques in learning healing practices for stress, anxiety and grief. The instructor will introduce you to various meditation methods and art therapy projects to calm your mind and body.
Tuesdays (4X) October 22 to November 12
7:30 - 9:30 pm.        FHL4-19 (JT)
$55.00        Christine Bye

QI GONG FOR INSOMNIA AND ANXIETY
Are you finding you can’t sleep at night or wake up in the middle of the night? Do you suffer from anxieties, tension or just day to day stress? Try Qi Gong, a gentle, ancient Chinese exercise program to help you ease your tensions, relax and heal. All ages welcome!
Thursdays (3X) January 16 to January 30
7:30 - 8:30 pm.        FHL7-19 (JT)
$35.00        Christine Bye

“Christine organized a nice variety of movements and different types of meditation to keep every week very informative and interesting.” - Qi Gong Participant, 2018

Languages

ELEMENTARY ICELANDIC
NEW!
Learn the basics in preparation for your next vacation! The instructor will provide you with knowledge of Iceland, the island, history, folklore and travel safety. You will also learn some elementary Icelandic language skills that include alphabet, sounds, words, simple sentence, numbers, telling time, food, the weather and road signs. Come out and enjoy a piece of Iceland
Thursdays (5X) October 3 to November 7
6:30 - 8:30 pm.        FLA3-19 (SHC)
$79.00        Ainsley Bloomer

FRENCH - GETTING STARTED
Bonjour! Learn the basics quickly in preparation for your next vacation or refresh your high school French. You will learn greetings, directions, weather conditions, ordering food and simple expressions to survive in a French speaking environment.
Thursdays (6X) September 26 to October 31
6:30 - 8:30 pm.        FLA2-19 (JT)
$79.00        Heather Calladine

PORTUGUESE - GETTING STARTED
Bom Dia! Come and join in the fun of learning Portuguese. Immerse yourself in the language, culture and traditions. Learn basic grammar and verbs from this experienced Portuguese instructor.
Thursdays (6X) October 10 to November 14
6:30 - 8:30 pm.        FLA4-19 (SHC)
$79.00        Isabel Almeda

PORTUGUESE - THE NEXT STEP
Bom Dia! Will you be travelling to Brazil or Portugal? Join us to build on the basics. This course will focus on sentence structure, vocabulary, use of verbs and so much more.
Thursdays (6X) January 16 to February 20
6:30 - 8:30 pm.        FLA6-19 (SHC)
$79.00        Isabel Almeda

Register online at www.localcourses.com/sjsd
Languages

SPANISH - GETTING STARTED
Sehabla Espanol? Well you can! Come and enjoy a friendly experience with South American Spanish. The focus will be on common expressions, customs and money, as well as vocabulary related to hotel, restaurant and tourist attractions.
Tuesdays (8X) September 24 to November 12
7:00 - 9:00 pm.
FLA1-19 (SHC)
$89.00
Ines Mora

SPANISH - THE NEXT STEP
The next level will help you to build on the basics. This course will focus on sentence structure, the use of verbs, adjectives and nouns.
Thursdays (6X) November 14 to December 19
7:00 - 9:00 pm.
FLA5-19 (SHC)
$79.00
Ines Mora

SPANISH - ADVANCED
This advanced course is designed for students who already possess a basic understanding of Spanish. Build on your conversational skills, practice your vocabulary, sentence structure and become more fluent and comfortable with the language. Pre-requisites: Spanish-Getting Started and Spanish, the Next Step.
Thursdays (6X) January 16 to February 20
7:00 - 9:00 pm.
FLA7-19 (SHC)
$79.00
Ines Mora

Leisure

OLD NORSE MYTHOLOGY 1
Story telling was an ancient Old Norse way of life. Join us to learn some historical details, poetic verse form as a way of remembering, Old Norse mythical creation stories, gods, goddesses and other creatures. Yggdrasil the word tree, Ragnarok, and rebirth.
Thursdays (5X) November 14 to December 12
6:30 - 8:30 pm.
FLE8-19 (SHC)
$75.00
Ainsley Bloomer

OLD NORSE MYTHOLOGY 2
Continue the Old Norse Mythology historical tale. Explore tales of family lineage, family dynamics, life, love, sorrow, revenge, betrayal, and supernatural events. To gain the most out of this course Old Norse Mythology 1 is recommended.
Thursdays (5X) January 16 to February 13
6:30 - 8:30 pm.
FLE10-19 (SHC)
$75.00
Ainsley Bloomer

INTRODUCTION TO DIGITAL PHOTOGRAPHY
Are you new to digital photography? Would you like to learn how to take better pictures? This beginners class will get you started and you will be amazed as to what you can do with your camera.
Tuesdays (4X) September 17 to October 8
6:30 - 8:30 pm.
FLA1-19 (SHC)
$55.00
Mark Kutcy

MYSTERIOUS MANITOBA
Chris Rutkowski is a Canadian science writer, educator, and consultant for the Winnipeg Paranormal Group. Since the mid-1970s, he’s written about his investigations and research on UFOs, for which he is best known. Join him for this informative session.
Mondays (2X) January 13 and January 20
6:30 - 9:30 pm.
FLE9-19 (JT)
$35.00
Chris Rutkowski

INTRODUCTION TO PHOTOSHOP
Have you tried using Photoshop to improve your images but found it confusing? Gain confidence to crop, remove imperfections, correct colours and sharpen images. Learn the power of Layers, Masks and Adjustment Layers to enhance your images or to create entire new realities by blending many images. Bring your own images or download images during the course. Prerequisites: Basic computer knowledge.
Wednesdays (4X) September 18 to October 9
6:30 - 8:30 pm.
FLE3-19 (SHC)
$55.00
Mark Kutcy

MATURE DRIVER WORKSHOP
This free workshop presented by MPI is designed for experienced drivers, aged 55 and older, who want to brush up on their skills and enhance their driving performance. Increase your confidence and driving ability, learn updated traffic laws and road safety rules, defensive driving techniques and learn how to compensate for changes in hearing, vision, flexibility and reaction time.
Wednesday October 2
6:00 - 9:00 pm.
FLE4-19 (JT)
No Charge

ELECTRICAL HOUSE WIRING
Learn the basics of electrical house wiring following the City of Winnipeg and Canadian Electrical Code rules and guidelines. This course is perfect for learning how to wire your rec room, garage, cabin, or to do routine house maintenance. Baseboard heating, sub panels, 3-way switches, aluminum wiring, knob and tube wiring are some of the topics covered. Basic electrical tools are provided to use, or bring your own.
Tuesdays (8X) September 17 to November 5
6:30 - 9:30 pm.
FLE2-19 (SHC)
$215.00
Gary Yakimoski

Visit us online to learn more about the St. James-Assiniboia Continuing Education Program
www.sjasd.ca/programs/coned

Call 204-832-9637 to register by phone
LEARNING ABOUT YOUR ANDROID PHONE - INTERMEDIATE
Discover what your android phone can do! Learn to organize/edit photos and videos, create bookmarks folders for better organization, sending voice notes, how to back up and much more. Pre-requisites: Learning About Your Android Phone introduction.
Monday January 20
6:00 - 9:30 pm. FLE11-19 (SHC)
$25.00 Troy Vezina

UNDERSTANDING YOUR ANDROID TABLET
Have you purchased an android tablet and have questions about how to use it? In this class you will discover how to install and remove apps, sync your calendar to alert you of appointments, use the camera and make videos. Familiarize yourself with the basic uses for your tablet to unlock its potential. Please bring your tablet. WiFi will be available.
Monday October 21
6:00 - 9:30 pm. FLE7-19 (SHC)
$25.00 Troy Vezina

HAVE FUN WITH YOUR IPAD/IPHONE
Learn the basics, get all your questions answered and figure out what to do with your iPad/iPhone. Please bring your iPad and iPhones to class.
Wednesday (4X) November 6 to 27
6:30 - 8:30 pm. FCO7-19 (SHC)
$55.00 Troy Vezina

CANCELLATION POLICY
Full refunds will be issued if a cancellation is provided, in writing, five working days before the beginning of a course. Refunds will not be granted for cancellations received after this time. A full refund will be provided for courses cancelled by the Continuing Education Program. Application fees are non-refundable.

Congratulations to all Certificate Graduates!
Congratulations to all graduates who completed certificate courses in the Fall Session of 2018 and Spring Session of 2019. We are proud of you!
Online Education

St. James-Assiniboia Continuing Education has collaborated with UGotClass to offer relevant and practical online certificates and courses taught by outstanding teachers who are subject matter experts. All courses are certificate programs, however individual courses are also available. Classes are tailored to enhance your career knowledge and expand your professional horizons. Participate anytime day or evening, from any computer. Classes are frequently being offered. All modules must be completed to receive the certificate.

### Certificate Courses

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<tr>
<th>Course Title</th>
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<tbody>
<tr>
<td><strong>BOOKKEEPING CERTIFICATE</strong></td>
<td>$649</td>
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<tr>
<td>Understanding Debits and Credits</td>
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<td>General Ledger and Month End Procedures</td>
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<tr>
<td>Closing Procedures and Financial Statements</td>
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<td>See Page 3 and 7</td>
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<tr>
<td><strong>PROJECT MANAGEMENT</strong></td>
<td>$649</td>
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<tr>
<td>Introduction to Project Management</td>
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<td>Project Management Processes</td>
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<td>Project Management Knowledge Areas</td>
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<td><strong>DIGITAL MARKETING</strong></td>
<td>$649</td>
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<tr>
<td>Improving Email Promotions</td>
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<tr>
<td>Boosting Your Web Site Traffic</td>
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<tr>
<td>Online Advertising</td>
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<td>See Page 6</td>
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<tr>
<td><strong>ONLINE TEACHING</strong></td>
<td>$649</td>
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<tr>
<td>Advanced Teaching Online</td>
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<tr>
<td>Designing Online Instruction</td>
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<tr>
<td>Fostering Online Discussion</td>
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<td>See Page 3</td>
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<tr>
<td><strong>MANAGING SOCIAL MEDIA PLATFORMS</strong></td>
<td>$649</td>
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<tr>
<td>Twitter</td>
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<tr>
<td>Facebook for Business</td>
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<tr>
<td>LinkedIn</td>
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<td>See Page 6</td>
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<tr>
<td><strong>ENTREPRENEURSHIP</strong></td>
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<tr>
<td>Entrepreneur Boot Camp</td>
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<tr>
<td>The Business Plan</td>
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<tr>
<td>Entrepreneurial Marketing</td>
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<td>See Page 3</td>
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<tr>
<td><strong>DESIGNING WEBINARS</strong></td>
<td>$449</td>
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<tr>
<td>Designing Successful Webinars</td>
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<tr>
<td>Managing &amp; Marketing Webinars</td>
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<td>See Page 7</td>
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<tr>
<td><strong>SOCIAL MEDIA FOR BUSINESS</strong></td>
<td>$649</td>
</tr>
<tr>
<td>introduction to Social Media</td>
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<tr>
<td>Marketing Using Social Media</td>
<td></td>
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<tr>
<td>Integrating Social Media in Your Organization</td>
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</tbody>
</table>

### Additional Courses

- **SALES** $649
  - Strategic Selling With Social Media
  - Getting Started in Sales
  - Power Selling
  - See Page 6

- **WORKPLACE MENTORING & COACHING LEVELS 1 & 2** $449
  - Workplace Mentoring and Coaching Level 1
  - Workplace Mentoring and Coaching Level 2
  - See Page 3

- **STRESS MANAGEMENT IN THE WORKPLACE** $189
  - Unit 1: defining the stress monster
  - Unit 2: how our views or beliefs help or hinder our stress
  - Unit 3: positive psychology
  - Unit 4: ways to reduce stress
  - See Page 3

- **WORKPLACE CONFLICT SOLUTIONS** $649
  - Dealing with Difficult People in the Workplace
  - Conflict Management
  - Stress Management in the Workplace
  - See Page 5

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Call 204-832-9637 to register by phone
QUESTIONS & ANSWERS

Q: Can anyone register for this course? (ie. Me, who is not a teacher)
A: Yes, anyone can take the course, as long as you have access to a computer.

Q: Does the 32 average hours refer to each unit, per week, or the whole course?
A: The hours are for the entire course. On average, you have one month complete each module.

Q: Is the whole course done online, or would I also have to go to school?
A: The entire course is completed online.

Q: How do I access the courses?
A: Once you register, you will be emailed an invitation to the classroom the Wednesday before the class begins. Then you will need to click to accept the invite, and from there will set up a password and will be able to access the classroom.

Q: Am I able to take only a specific course rather than the entire program?
A: Yes, individual courses are available.

Q: When do I receive my certificate?
A: Your certificate will be mailed directly to you from our course provider upon completion of the certificate program.

Q: Can I register after the course has started?
A: Yes. We can accept registrations up to the first Friday after the course has begun.

Please call our office 204-832-9637 to register or if you have any further questions.

DOES YOUR OFFICE OR COMPANY NEED TRAINING?

- CERTIFIED FOOD HANDLERS TRAINING
- CPR
- MASTERING EXCEL
- SOCIAL MEDIA FOR BUSINESS
- STRESS MANAGEMENT IN THE WORKPLACE

5 Easy Ways to Register for Courses

1. Register Online: Enroll instantly at www.localcourses.com/sjsd with a Mastercard or Visa. Your credit card security is guaranteed. Registration will be confirmed and the credit card details will be removed.
2. Call 204-832-9637: Payment by credit card. When you phone-in, please have your credit card and expiration date ready.
3. Fax your registration 204-888-0945: Fax the registration form with your credit card information.
4. Mail the registration form: Mail the registration form provided in this brochure with payment to St. James-Assiniboia Continuing Education, 470 Hamilton Avenue, Winnipeg, MB, R2Y 0H4.
5. Walk-in: John Taylor Collegiate, 470 Hamilton Ave., (Side Entrance, 2nd Floor) during office hours.

Cheques are payable to St. James-Assiniboia Continuing Education. Visa and Mastercard credit card payments are acceptable.
CANCELLATION POLICY
Full refunds will be issued if a cancellation is provided, in writing, five working days before the beginning of a course. Refunds will not be granted for cancellations received after this time. A full refund will be provided for courses cancelled by the Continuing Education Program. Application fees are non-refundable.

REGISTER EARLY!
Courses may fill up quickly.

MAIL REGISTRATION FORM TO:
St. James-Assiniboia
Continuing Education
470 Hamilton Avenue
Winnipeg, MB R2Y 0H4

REGISTER ONLINE NOW!
Our brochure is available online with secure registration and confirm capabilities.
www.localcourses.com/sjsd

SITE CODES AND LOCATIONS

<table>
<thead>
<tr>
<th>Code</th>
<th>School</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>(BA)</td>
<td>Bannatyne School</td>
<td>363 Thompson Dr.</td>
</tr>
<tr>
<td>(JT)</td>
<td>John Taylor Collegiate</td>
<td>470 Hamilton Ave.</td>
</tr>
<tr>
<td>(SM)</td>
<td>Strathmillan School</td>
<td>339 Strathmillan Rd.</td>
</tr>
<tr>
<td>(SHC)</td>
<td>Sturgeon Heights</td>
<td>2665 Ness Ave.</td>
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<tr>
<td>(WS)</td>
<td>Westwood Collegiate</td>
<td>360 Rouge Rd.</td>
</tr>
<tr>
<td>(LS)</td>
<td>Lincoln Middle School</td>
<td>3180 McBey Ave.</td>
</tr>
</tbody>
</table>
We are excited to announce our partnership with online providers to enhance our course offerings. Online courses are convenient and flexible allowing students to learn in the comfort of their home or office. See pages 3 and 4 for Online courses.

Join our Instructor Team!
Do you have a passion or hobby that you’ve thought about sharing with others? Consider becoming an instructor. We are seeking friendly, qualified instructors for Fall 2019. Contact us at (204) 832-9637 or email coned@sjsd.net

For more information, or to register today, visit www.sjasd.ca/programs/coned