



News Release

For Immediate Release: March 21, 2017

"Wellness Today: *Building Healthy Futures*"

St. James-Assiniboia School Division presents the 2017 Safe Schools Community Forum, "**Wellness Today: *Building Healthy Futures***."

Our Safe Schools Forum is a biennial event where staff, students and members of our community come together to learn about key topics relating to safety in our schools. This year's forum, taking place on April 12 from 4:30- 7:00 p.m. at Westwood Collegiate, boasts the theme of Wellness. St. James-Assiniboia School Division has partnered with numerous local organizations and individuals to break down the broad spectrum of wellness into areas of mental, physical, emotional, social and spiritual wellbeing. Our forum aims to provide valuable information and additional support to help students and families in our community achieve happy, healthy futures.

As part of our commitment to keeping our schools safe, all 26 schools in our Division have Safe Schools Committees. These committees will be presenting at the event to share some of the safety efforts and ongoing initiatives happening within our schools. The forum will also feature a presentation from Sources of Strength, keynote speakers, videography projects, information booths, live entertainment, student performances, door prizes and much more. Everyone is invited to attend this free event, please see below for more details.

Time: 4:30-7:00 pm.
Date: Wednesday, April 12, 2017
Location: Westwood Collegiate, 360 Rouge Rd.

Canadian Mental Health Association ~ Camp Manitou ~ Winnipeg Regional Health Authority ~ YMCA ~ MILE 5
Positive Parenting Program ~ ACCESS ~ True North Foundation Project 11 ~ Sundragon Studios