



News Release

For Immediate Release

Students Take on Pro/Amateur Athletes in *Pros vs. Joes* Competition Long-Time Fundraiser Supports Families in Need

December 1st, 2025 (Winnipeg, MB) – Collège Sturgeon Heights Collegiate students are getting ready to take on professional/amateur athletes in the 15th annual *Pros vs. Joes* fundraising event series. The week-long competition supports families in need and includes CFL players, world-class dodgeball players, athletes from the University of Manitoba Bisons football team, and members of the Winnipeg Police Service. Some pro/amateur athletes are alumni of Collège Sturgeon Heights Collegiate.

"It's hard to believe that this is our fifteenth year supporting families through such a fun competition series. I'm grateful to our students for being such great sports, and to all the professional and amateur athletes from so many sports that have supported us over the years," said Deborah Einarson Woods, Physical Education Teacher at Collège Sturgeon Heights Collegiate.

Pro/amateur athletes ("Pros") take on Collège Sturgeon Heights Collegiate students ("Joes") from Monday, December 1 to Friday, December 5, 2025. Competitions take place daily at 12:20 p.m. in the Collège Sturgeon Heights Collegiate gymnasium. To watch, students must provide a \$2 donation per day. Donations will be used to create deluxe hampers for 50 SJASD families.

Event Lineup:

Monday, December 1: Powerball & Blindfolded Musical Chairs

Pros: Winnipeg Blue Bomber Collin Kornelson and 11 players from the University of Manitoba Bisons football team, including De Shawn Le Jour, Kaleb Mackie-McLeod, Helmon Ndose, Zachary Wynne, Jerome Fouillard, David Ochoche, Victor Olaniran, Carter Moore, Aidan Wiberg, Jackson Tachinski and Breydon Stubbs.

Tuesday, December 2: Dodgeball

Pros: Ten world class dodgeball players including Colin Chartier, Ashley Bend, Jason Mergler, Daniel Holzer (Sturgeon alumni), Nick Grenier, DJ Dupasquier (Sturgeon alumni), Jaycie Morris, Colin Bouchard, Tayler Yuel, and Eldon Wu. Plus, Winnipeg Rifles football team all-star Jarome Penner (Sturgeon alumni), and Winnipeg Blue Bomber Willie Jefferson.

Wednesday, December 3: Minute to Win It

Pros: Former Winnipeg Blue Bombers Kienan Lafrance (Sturgeon alumni), Troy Westwood, and Chris Greaves. Plus, several players from the University of Manitoba Bisons football team, including De Shawn Le Jour, Breydon Stubbs, Zachary Wynne, and Payton Yakimishyn.

Thursday, December 4: SJASD Rock Paper Scissors Championship Tournament

Pros: Winnipeg Blue Bomber Nic Demski, Ottawa Redblack Charlie Ringland, and former Toronto Argonaut Anthony Coombs (Sturgeon alumni). Plus, University of Manitoba Bisons football team players De Shawn Le Jour and Nathan Udoh. Members of the Winnipeg Police Service and students from nine SJASD schools will also take part.

Friday December 5: Lip Sync Battle

University of Manitoba Bisons football team players De Shawn Le Jour and Zachary Wynne.

Please note: Winnipeg Blue Bomber Brady Oliveira will attend. Specific date to be determined.

SJASD is a progressive school division in west Winnipeg serving over 8,500 students across 26 schools. SJASD is committed to educational programs in which children can develop their natural abilities to their fullest extent, building upon personal strengths and the richness of our area's culturally diverse population. SJASD operates on the traditional territories of the Anishinaabeg, the Ininewak, and the Dakota Oyate peoples, and on the birthplace and homeland of the Red River Métis. Our community is bound by Treaty One and we are all tied together through the treaties. For more information, visit sjasd.ca.

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Media are welcome to attend these events. For further information, please contact: Deborah Einarson Woods, SJASD Physical Education Teacher at 204-888-0684 (work); 204-995-2850 (cell); or deborah.einarsonwoods@sjasd.ca.