



**EMPLOYEE ABSENCES (ILLNESS)**

**Reference: Policy GBGAC "Provision of Medical Certificates"**

**MEDICAL CERTIFICATE**

**To the Physician:**

\_\_\_\_\_ has been off work due to illness since  
\_\_\_\_\_ and has been asked to provide a Medical Certificate.

**Employee's Authorization for Release of Information**

I, \_\_\_\_\_, hereby authorize my physician to complete the physician's statement.

Employee signature \_\_\_\_\_

Date: \_\_\_\_\_

**Physician's Statement**

1. Following examination, I certify that the above-mentioned person will be unable to work due to

\_\_\_\_\_

from \_\_\_\_\_ to \_\_\_\_\_

This will prevent the above-mentioned person from working because:

\_\_\_\_\_

2. a) Has a treatment/recovery plan been prescribed? \_\_\_\_\_  
b) Is the person participating in and following the recommended Treatment Plan?  
\_\_\_\_\_

3. It is anticipated the employee will be able to return to full duties on  
\_\_\_\_\_

4. Reassessment date (if necessary) \_\_\_\_\_

(continued)



**Extended Illnesses**

5. What is the prognosis and anticipated duration of the illness?

- Return to full duties \_\_\_\_\_ (date)
- Possible return to modified duties \_\_\_\_\_ (date) (see below)
- Unknown duration, will reassess \_\_\_\_\_ (date)

6. **Modified Duties/Restrictions:**

He/she may perform modified duties with the following restrictions:

(Please be specific as to the restrictions).

Standing/Walking: \_\_\_\_\_ (check if restrictions exist)

- Restrict standing to \_\_\_\_\_ minutes/hour
- Restrict walking to \_\_\_\_\_ minutes/hour

Lifting: \_\_\_\_\_ (check if restrictions exist)

- restrict lifting to \_\_\_\_\_ minutes/hour
- right hand \_\_\_\_\_ lb. restriction
- left hand \_\_\_\_\_ lb. restriction

Pushing/Pulling/Reaching: \_\_\_\_\_ (check if restrictions exist)

- right hand/arm, push/pull \_\_\_\_\_ lb. restriction
- left hand/arm, push/pull \_\_\_\_\_ lb. restriction
- above shoulder reaching \_\_\_\_\_ minutes/hour
- forward shoulder reaching \_\_\_\_\_ minutes/hour

7. Is there any accommodation required by the employer to ensure a safe return to work?

Comments:

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(continued)



## ST. JAMES ASSINIBOIA SCHOOL DIVISION

**GBGAC-E  
LL # 104570**

Physician's Signature \_\_\_\_\_

Date: \_\_\_\_\_

Address: \_\_\_\_\_

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Signature: \_\_\_\_\_ Date: \_\_\_\_\_