## ST. JAMES-ASSINIBOIA SCHOOL DIVISION

Great Schools for Growing and Learning

**POLICY: JLIH** 

#66449v7

JLIH-R IJOA-E-11 JLIH-E-1 - 4

## GRADE 9 TO 12 PHYSICAL EDUCATION/HEALTH EDUCATION OUT-OF-CLASS PHYSICAL ACTIVITIES

Students in Grade 9, 10, 11 and 12 will be required to earn one physical activity credit for physical education in each year. In Grade 11 and 12, seventy-five percent (75%) of the total credit hours may be earned through approved out of school physical activity participation of moderate to vigorous intensity level and a minimum of twenty-five percent (25%) of the total credit hours must be in class. In Grade 9 and 10, the maximum number of out of class activity hours is twenty (20). Although "banking" physical activity time (where students have earned more than the minimum 55 activity hours in a given year and wish to apply them to another year for credit) is discouraged. In extenuating circumstances, it will remain a local school administration decision to approve a student(s) "banked" physical activity time for credits.

The St. James-Assiniboia School Division recognizes and accepts the responsibility to manage risk associated with all school-based activities and field trips. Therefore, the school division will permit students to participate in OUT-of-class activities only if the activity has been approved by the student's physical education teacher. The physical education teacher must follow procedures outlined in regulation JLIH-R. For non-school-based OUT-of-class activities which are not directly organized by the school/division, parents (or students 18 years of age or over) are responsible for ensuring, to the extent reasonably possible, that their children receive the appropriate level of instruction and/or supervision while participating in OUT-of-class physical activities and that the facilities and equipment they use are safe.

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