



Rachelle Wood

2022 – Present

Rachelle is a fourth generation resident of St. James Assiniboia and has lived here her entire life.

Rachelle attended Strathmillan Elementary, Golden Gate Middle School and graduated from Silver Heights Collegiate.

Rachelle is a Proud Métis women and a member of the Manitoba Métis Federation. Rachelle graduated in 2021 as a Master Laser Technician in Advanced Esthetics.

She has completed four years at the University of Manitoba as a Nursing student. Rachelle has completed University of Manitoba courses in Human Biology, Nutrition, Anatomy, Physiology and Pharmacology.

Rachelle has 19 years of experience working in the Hospitality Industry. As well, she is a Certified Personal Trainer and Group Fitness Instructor, having worked at Shapes Fitness Centre, and the YMCA-YWCA running community fitness classes and child-based programs. Rachelle has also enjoyed volunteering in the Surgery Kennel Care department of the Winnipeg Humane Society.

Rachelle and her husband Bernie have a daughter who completed elementary at Crestview School and currently attends Hedges Middle School. Rachelle has many nieces and nephews that are currently enrolled in the Division at Bruce Middle School, Sturgeon Heights Collegiate and Heritage School.

Rachelle is committed to improving student achievement and learning in the St. James Assiniboia School Division.

Rachelle is an advocate of Public Education and a strong voice for Diversity, Equity and Inclusion as well as Safety, Wellness and the need for continued community connection.