

# JOIN US FOR A WEEK OF FUN, FITNESS & FRIENDSHIP! TUES JULY 3 - FRI AUGUST 24

### COST:

With Membership \$130 per week per child Without Membership \$160 per week per child ALL PRICES INCLUDE BEFORE & AFTER CARE PAYMENT PLAN IS AVAILABLE

9 AM - 4 PM

BEFORE CARE 7:30 am - 9 am AFTER CARE 4 pm - 5:15 pm

ROOKIES 6, 7 & 8 YRS OLD Children need to be 6 yrs old on the start date of camp. Special consideration to military dependants born

in the latter half of 2012.

### VARSITY 9 & 10 YRS OLD

TER CARE 4 pm - 5:15 pm • OAK HAMMOC & ACADEMY LANES • STEINBACH AQUATIC • OAK HAMMOC • ACADEMY LANES • STEINBACH AQUATIC • OAK HAMMOC • ACADEMY LANES • STEINBACH AQUATIC • OAK HAMMOC • ACADEMY LANES • STEINBACH AQUATIC • OAK HAMMOC • ACADEMY LANES • STEINBACH AQUATIC • OAK HAMMOC • ACADEMY LANES • STEINBACH AQUATIC • OAK HAMMOC • ACADEMY LANES • STEINBACH AQUATIC

**REGISTRATION OPENS:** MEMBERSHIP & MILITARY – TUES, APRIL 10 • NON-MEMBERSHIP – TUES, APRIL 24

To Register: www.cafconnection.ca/winnipeg • Info: 204-833-2500 ext. 5139 or 2057



### The JLC is an exciting activity for youth 10 - 14 yrs

MUST be 10 yrs of age on the start date of camp

## MONDAY, JULY 16 to FRIDAY, JULY 20 OR MONDAY, JULY 30 to FRIDAY, AUGUST 3 OR MONDAY, AUGUST 13 to FRIDAY, AUGUST 17

Before Care: 7:30 am - 9:00 am

CAMP DAY 9:00 am - 4:00 pm

After Care: 4:00 pm - 5:15 pm

Membership: \$150 per child • Non-Membership: \$170 per child

ALL PRICES INCLUDE BEFORE & AFTER CARE. PAYMENT PLAN IS AVAILABLE.

### • BE CERTIFIED IN BASIC FIRST AID & CPR-A •

• COMPLETE A COMMUNITY WATER SMART EDUCATION •

### • SHADOW LIFEGUARD – LEARN THE SKILLS FROM A REAL LIFEGUARD •

- The camp stresses fun & skill development based on personal best achievement.
- Friends & family can join together even if they are of different ages and abilities.
- Lots of recognition for personal effort and success.
- · Camp participants record achievements in their personal Water Logs.
- Junior Lifeguard Camp participants work to develop and improve personal bests in lifesaving skills, fitness, lifesaving knowledge, leadership and teamwork.
- Camp participants also work individually on a Community Water Smart Education Project.

### **ACTION-PACKED AQUATIC CHALLENGE FOR YOUTH WHO LOVE THE WATER!**

The Youth Aquatic Camp is lead by Lifesaving Society certified Instructors/Lifeguards.

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