

The Christmas Cheer Board is a registered charitable organization providing about 18,500 Christmas hampers to individuals and families annually. Families assisted include those receiving Employment Income Assistance (EIA) as well many low-income families and pensioners. Others served may include unemployed persons, and recent immigrants.

Families, individuals, community groups and businesses raise funds and donate food, toys, money and their time. Groups and individuals may sponsor individual families through the Feed-a-Family Program. Countless people knit all year to provide hats and mitts to include in gifts for children. The generosity of donors and volunteers is greatly appreciated.

The office/warehouse is open during November and December. Volunteers take hamper applications, complete data entry, wrap toys, sort food and load boxes. Switchboard operators answer questions, and volunteers map out delivery routes. School classes pack hampers, which are delivered by volunteer drivers.

This is an opportunity to help those less fortunate, those who are experiencing poor health, job loss or unavailability of work.

We need your help and participation!

Contact Us

by phone

November to December 30

204-989-5680

Donations: 204-989-5693

Volunteer: 204-989-5696

January to October

204-669-5369

by email

General information: ccbinfo@mymts.net

Feed-a-family program: ccbfaf@gmail.com

Volunteer: ccbvol@mymts.net

in person

Christmas Cheer Board

550-1395 Ellice Avenue at Empress Street.

The entrance is on Milt Stegall Drive

www.christmascheerboard.ca

<https://www.facebook.com/CCBWPG>

@ChristmasCheerB

If you need a hamper.....

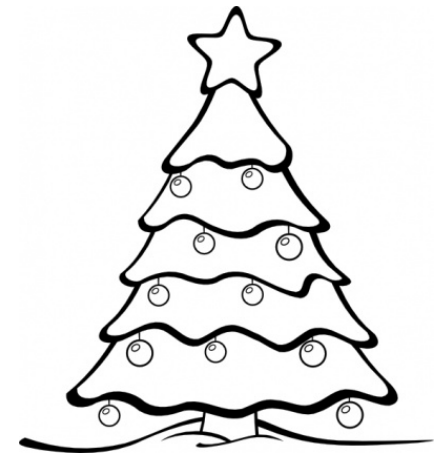
Employment Income Assistance (EIA) applicants

Please call 204-948-2022 to apply.

Low income, unemployed, student, pension applicants

Please call 204-989-5683 to apply.

Special thanks to Shelter Canadian Properties for our office/warehouse.



The Christmas Cheer Board thanks
Lorne's Litho Limited
for providing this brochure.

The Christmas Cheer Board invites you to help by
donating food, toys or money
 OR
volunteering your time
 OR
providing a hamper yourself
by participating in our Feed-a-Family program.

Feed-a Family program:

1. Decide on the size of family you wish to provide a hamper for from a single person to a large family.
2. Complete the Feed-a-Family Sponsor Request form on our website www.christmascheerboard.ca or call to register for sponsorship 204-989-5680. Once registered and matched with a family, contact and family information will be provided to you as soon as possible.

If you are providing a hamper privately, please provide the family information to the Cheer Board to avoid duplication.

Each sponsor will be required to respect the recipient's confidentiality as well as providing all required food items and delivering the assembled hamper and gifts.

3. Review and purchase/assemble the required hamper items for the family size requested. If you have collected too much food for your hamper, please contact us for an additional family or you can donate to the Cheer Board at the warehouse or any Safeway or Sobeys location.
4. Please contact the family as early as possible to let them know you are sponsoring them and the expected delivery date. **Delivery must be made as soon as possible between December 14 and 21.**
5. Keep all receipts for hamper items purchased if you are requesting a tax receipt. Please complete and include the FAF Tax Receipt Request form (found on website under Sponsor a hamper) and mail to the Christmas Cheer Board by January 15, 2018. Requests may also be made in person at the Cheer Board by December 29, 2017. Sorry, scanned receipts are not acceptable.
6. **Please request a signature of delivery and keep for your records.**

| Hampers must include items below Additional items may be added | | Family size (number of people in family) | | | |
|---|--|--|-----------------|-----------------|-----------------|
| | | Single | 2 - 3 | 4 - 5 | 6 or more |
| Approximate cost | | \$82.00 | \$120.00 | \$152.00 | \$215.00 |
| 1 | Juice - 100% fruit, 1 litre | 1 | 2 | 3 | 4 |
| 2 | Soup, canned* (lentil, pea, vegetable) | 2 | 3 | 4 | 6 |
| 3 | Vegetables, canned | 1 | 2 | 4 | 5 |
| 4 | Jelly powder | 1 pkg | 3 pkg | 4 pkg | 4 pkg |
| 5 | Fruit, canned (packed in own juice) | 1 | 2 | 3 | 4 |
| 6 | Macaroni & Cheese | 1 | 3 | 5 | 6 |
| 7 | Pasta (whole grain) | | 1 | 2 | 2 |
| 8 | Spaghetti sauce* | | 1 | 1 | 1 |
| 9 | Rice (brown, converted or parboiled) | 1 pkg | 2 pkg | 2 pkg | 3 pkg |
| 10 | Oatmeal (non-sweetened) | 1 pkg | 1 pkg | 2 pkg | 2 pkg |
| 11 | Tuna, canned (packed in water) | 1 | 2 | 3 | 4 |
| 12 | Peanut butter | 1 | 2 | 2 | 2 |
| 13 | Beans in tomato sauce | 1 | | | |
| 14 | Pancake mix | | 1 | 1 | 1 |
| 15 | Pancake syrup | | 1 | 1 | 1 |
| 16 | Stuffing mix | | 1 pkg | 1 pkg | 2 pkg |
| 17 | Jam | 1 | 1 | 1 | 1 |
| 18 | Cookies | 1 pkg | 1 pkg | 2 pkg | 2 pkg |
| 19 | Cake Mix | | 2 | 3 | 3 |
| 20 | Candy | | 2 | 2 | 2 |
| 21 | Gravy mix | | 1 | 3 | 3 |
| 22 | Cranberry sauce | | 1 | 1 | 2 |
| 23 | Sugar | 1 kg | 2 kg | 4 kg | 4 kg |
| 24 | Tea | 1 pkg | 1 pkg | 1 pkg | 2 pkg |
| 25 | Scalloped or mashed potatoes | 1 pkg | 2 pkg | 2 pkg | 2 pkg |
| 26 | Chicken | 2.5 kgs | | | |
| 27 | Turkey | | 3-5 kgs | 5-7 kgs | 7-9 kgs |

* please choose brands with less salt/sodium
 - suggested additional items – milk, fruit, eggs, vegetables, cheese slices, coffee, chocolate

**If there are children age 14 years and under
it is essential that a new wrapped toy/gift be included**

Suggested gift cost: baby to 6 yrs - \$14
 7 to 11 yrs - \$16 - \$19
 12 to 14 yrs - \$20 - \$25