



ROOKIE RUGBY 2022

at DEER LODGE COMMUNITY CLUB

Flag Rugby: a non-tackle introduction to the fast-moving game of rugby, with the goal of scoring a “try”, by touching the ball down on the ground in the other team's in-goal (end zone).

Tackle Rugby: Introductory tackle rugby for players 10-14 as an additional option

Age groups for spring 2022: Under 6, Under 9, Under 14 and late spring Under 18.

Location: Deer Lodge Community Club (323 Bruce Ave East)

Season: End-April (depending on the snow) to the July 9/10 2022 weekend

Practises: Monday for ages 10 & up flag from 6-7pm and tackle from 7-8pm

Tuesday for ages 9 & under from 6-7pm for 9 & under)

Occasional Thursdays - jamboree-style “Game Night” for all age groups from 6-8pm in Winnipeg

Occasional Saturday/Sunday Jamboree / mini tournaments in various locations outside Winnipeg

Cost: FLAG \$80 = includes a DL Rugby t-shirt, game nights & any jamboree/tournaments, certified coaching and full registration with Rugby Manitoba and Rugby Canada

TACKLE additional \$75 = includes everything above plus liability insurance from Rugby Canada



Leadership: We instill the values & traditions that rugby is built on such as self-respect, good sportsmanship & fair play as well as respect for teammates, opponents, the officials, spectators, their parents, teachers & all adults and healthy living through sport. This may be a bold statement, but these values never go out of style.



Registration: In-person registration only at DLCC 323 Bruce Ave EAST:

Wednesday April 13 from 6 - 8pm and Saturday April 16 from 10am to 1pm.

For more information contact: rugby@deerlodgecommunityclub.ca