## Cross Country

PRACTICES: 11:30am - 12pm (Start of Lunch)
September 9, 10, 11, 15, 16, 18, 24
(Meet in the front Foyer for attendance)

MEETS: September 17th, 22nd, 25th

## MEET LOCATIONS

1<sup>st</sup> & 2<sup>nd</sup> St. James Collegiate Track 3<sup>rd</sup> Beaudry Park (Headingley)

## Coaches

Mr. Irvine, Ms. Browne, Ms. Swain