# St James Assiniboia HOCKEY ACADEMY

Available at the following schools in St James Assiniboia School Division

Place √ Here	SJASD Middle Schools	CANADA SANA PER
	George Waters Middle School	
	Hedges Middle School	I wish to enrol in the SJAHA for the school year (yearly fee \$550)
Place √ Here	SJASD High Schools	WINIPES JETS HOCKEY ACADEMY
	John Taylor Collegiate	
	St James Collegiate	I was a member of the WJHA at my former elementary, middle or high school
udent Name:		Number:
arent Name(s):_ chool Attended	2021 - 2022:	Grade for 2023-2024
	2021 - 2022.	
ockey Experi	<u>ence</u>	Hockey (A1-3, AA, AAA, High School

## ST JAMES ASSINIBOIA HOCKEY ACADEMY











































WEBSITE: www.sjaha.blogspot.ca

INSTAGRAM: @sjaha\_hockey

TWITTER: @stjameshockey

### **Hockey Canada Skills Academy**

"A hockey skill development program offered within a public or private academic institution for any student registered or wanting to become registered with a minor hockey association team."

#### **SJAHA Believes in...**

"We want students to perform QUALITY skill repetitions daily and we want students to experience a high QUANTITY of skill repetitions daily through 3 types of drills:"

(a) Skill Stations, (b) Small Area Games (c) Game Situation Drills

#### **The Students Receive**

- \*Better practice to game ratio
- \* Video feedback of development
  - \* Technical & Tactical training
- \* Floorball, Focus Fitness, Icelab training
  - \* High School students earn credit(s)
    - \* Snacks after every ice session

#### **SJAHA Facts**

- \*Licensed Hockey Canada Skills Academy
- \* Emphasis on individual skill development
- \* Rink: BellMTS Iceplex (3969 Portage Ave)
- \* Yearly student fee of \$550 (45hrs On Ice)
- \* Partners w/ WJHA to support students Gr 6-12



