

Lincoln Middle School - Notes from the Office

Week of October 14, 2025

Hello Parents and Guardians! It was another great fun filled week here at Lincoln. Our Tier 1 volleyball team brought home the cup from the Bruce Tournament. Our first Atomic volleyball tournament also took place this week and the kids did amazing. Beauty and the Beast callbacks and rehearsals continued as did choir, chess club, bike club and ultimate. We also continue to have daily intramurals at lunch and the immunization clinic was set up in the library on Tuesday. Have a great long weekend. Go Lions!

Upcoming Dates:

Monday, October 13th - No School - Thanksgiving Day

Tuesday, October 21st - Lifetouch Picture Retake Day - Morning.

Tuesday, October 21st - Early Dismissal at 2:50 PM

Friday, October 24th - No School - Inservice Day

Socktober and Mittens for Mitch Month

The St. James-Assiniboia School Division, in partnership with Ogiijiita Pimatiswin Kinamatwin (OPK), is endorsing October as "Socktober and Mittens for Mitch Month." As winter approaches, our unsheltered relatives are in urgent need of socks and mittens.

For the past four years, this initiative has been a tremendous success, thanks to the generosity of our students, staff, and families. This October, we are once again encouraging donations of new, unopened mittens, gloves, and socks in both adult and child sizes. These small gifts of warmth can make a meaningful difference for those experiencing homelessness in Winnipeg.

Homelessness in Winnipeg (2024):

Total individuals experiencing homelessness (on the enumeration night): 2,469

Chronic homelessness ($\geq$ 6 months in past year): 67.9% of respondents

We are encouraging the St. James-Assiniboia family of schools collect socks and mittens throughout the month. The Divisional EAL team is coordinating this initiative, and your school's EAL support teacher will assist with making the arrangements for donation pick-up and delivery to Bruce Middle School prior to Friday, November 7. On

that day, Mitch Bourbonniere—an educator, community activist, and founding member of the original Bear Clan Patrol—together with volunteers from Ogijiita Pimatiswin Kinamatwin (OPK), the Mama Bear Clan, Drag the Red, Teddy Bears Picnic, CommUnity204, Neemu-Egwah Inc., and many other community-based organizations, will be present at Bruce Middle School to receive the donations.

Please join us in supporting "Socktober - Mittens for Mitch" this October.

Pizza Day

Next Pizza Day will be Friday, October 17. Orders and payments will be collected on Thursday, October 16. Slices are still \$2.50 each and students can order cheese (option available for vegan cheese), pepperoni, pepperoni and bacon or ham and pineapple. Gluten free is also available.

Physical Education

[Gym Calendar - October](#)

B.E.S.T. Bike Program

We are happy to inform you that your child and their school will be participating in the upcoming session of the B.E.S.T Bike Program. The Bike Education and Skills Training program is the first multi-grade, multi-year bike education program of its kind in North America. Further, the program is unique in that it relies heavily on on-road training components, with students actively engaging with real traffic and infrastructure conditions. Students learn, with the assistance of the BEST program coordinator and schoolteachers, how to properly ride in on-road conditions, learning valuable skills such as hand signals, shoulder checking, lane positioning, and more. The program also provides an on-road maintenance component, what the parts of a bike are and how those parts operate.

The program will run as part of their regular physical education classes over a two-week period. The program is administered by trained bike instructors along with your school's regular teaching staff. Bikes have been purchased and will be provided by the school division for all students to use during the program. Helmets

will also be provided but please bring your own if you have an approved helmet. Measures have been taken to account for new riders and student safety will be at a premium. Attention will be given to all students and their riding ability will be assessed, monitored and valued.

Please see attached [letter](#) for more detailed information.

Lunch Supervisors Needed:

Looking for a way to be a part of Lincoln Middle School? We are looking for additional paid lunch supervisors to join our dedicated team. Full and part-time positions are available. For more information about hourly rates and terms of employment, please contact our Vice Principal, Mr. Mavroudis at chris.mavroudis@sjasd.ca or by calling the school at 204-837-8397.

COMMUNITY NEWS

Big Sand Volleyball

Club Season is just around the corner. Big Sand will be running 3 club teams this year. 2 at the 14U level and 1 at the 15U level.

14U Athletes (born in September 2011 or later.) **13U athletes** are welcome to try out.

15U Athletes (born in September 2010 or later)

Tryout information can be found on the Big Sand Website:

bigsandvolleyballwinnipeg.com

A little bit about the upcoming Club Season:

Teams will practice 3-4 times per week (practices in the St. James area)

Teams will take part in 4 or 5 local tournaments plus Provincials and Nationals

Assiniboine Memorial Curling Club

Hello, my name is Colin Kawaleski, I'm the Youth curling Coordinator at the Assiniboine Memorial Curling Club on Vimy Rd. We have a great curling program for youth at the curling club, and we are always looking for more youth curlers. For anyone that is interested, we welcome curlers of all ages and abilities. If you are looking for a fun, affordable winter sport or something new to try, this is it! To anyone that has not experienced it, curling is a super friendly sport where kids will feel accepted regardless of ability. All equipment (brooms, sliders and grippers) will be provided by the club, making this an even more affordable sport for all.

Youth curling starts on Saturday, October 18th. The youth curling is divided up into different age groups and ability levels. Little Rocks (ages 5 to ~10) and Bantams (ages 10 to ~14) curling will start at 1:00 and go for one hour (Bantams for one hour and fifteen minutes). Junior curling (ages 14 +) will be at 3:00 and runs for two hours.

If you are interested but not sure if it is the right fit, we have an upcoming Open House at the curling club on Saturday, October 4th. This will be a free event with a "learn to curl" aspect, where adults and kids can get out on the ice and give it a try. Please see the attached flyer for more information.

If you would like to sign up your child for curling, the links for the sign-up are below. Please note that as a parent you would need to create your own profile and then create a profile within your own for your child, which can then be selected when registering.

For the youth (ages 5-15)

<https://assiniboine.curling.io/en/events/24184-saturday-youth-league-ages-5-15>

For the Juniors (ages 14-21)

<https://assiniboine.curling.io/en/events/24182-saturday-juniors-14-21>

If you have any questions about curling or registering, please email me at youth@curlamcc.com.

Colin Kawaleski - Youth Curling Coordinator
Assiniboine Memorial Curling Club

940 Vimy Road Winnipeg, MB
www.curlamcc.ca | 204-832-5817

Virtual opportunities for families in SJASD.

You are invited to our upcoming virtual Staying Well Session - Understanding ADHD and Dyslexia in Girls and Women **Tuesday, October 28th at 6:15pm**. *If interested, please register for the virtual session at this link:*

<https://events.teams.microsoft.com/event/15c61c7a-2419-485f-b7ef-dc474fb6b678@57e2d773-4dcc-4850-8717-73b1db41984a>

More information about the session can be found at the above link.

Flourishing for Families 2.0 (October 15, 2025, 6 to 7 pm CST/ 7 to 8 pm EST)

In today's complex world, simplicity feels rare. But what if simple skills could transform your parenting and help your family thrive? Join this practical workshop to learn how to nurture your child's resilience, autonomy, and self-regulation - the very strengths essential for lifelong well-being.

Learning Objectives:

- Develop a basic understanding of emotions and behaviour
- Learn how to positively influence emotions and, in turn, behaviour

If interested in joining this virtual opportunity please save this email with the link below, and rsvp to Debbie Neufeld at Debbie.neufeld@sjasd.ca if you plan to attend.

Topic: Flourishing for Families 2.0

Time: Oct 15, 2025 06:00 PM Winnipeg

Join Zoom Meeting

<https://hollandbloorview.zoom.us/j/62274604621?pwd=rx5fYmbxWHoluVGUgh38mW0lGW6HBK.1>

Meeting ID: 622 7460 4621

Passcode: 9744378

Join instructions

https://hollandbloorview.zoom.us/join/62274604621?signature=Uzis7Wr2vgfD3_ty3A1R3bm5oOjFiPfRcOjLtVtYtE4