

## Lincoln Middle School - Notes from the Office

### Week of October 20, 2025

Hello Parents and Guardians! It was another busy week filled with sports, music and clubs. Intramurals continue daily in the gym and our Board Games Club is taking place every Wednesday in the Art Room. Beauty and Beast rehearsals continue and more information regarding the musical will be coming out in the future. Soccer team sign up will be due by Tuesday, October 21. Have a great weekend. Go Lions!

#### Upcoming Dates:

**Tuesday, October 21<sup>st</sup>** - Lifetouch Picture Retake Day - Morning.

**Tuesday, October 21<sup>st</sup>** - Early Dismissal at 2:50 PM

**Thursday, October 23<sup>rd</sup>** - Pizza Day

**Friday, October 24<sup>th</sup>** - No School - Inservice Day

#### Halloween Spirit Week

**October 27-31:**

**Monday** - PJ Day, because it is Monday after all.

**Tuesday** - Twin day; come with your look-alike to school.

**Wednesday** - Jersey/Sports Day

**Thursday** - Wear flannel

**\*\*Pumpkin carving competition between homerooms with voting Friday lunch.**

**Friday** - Halloween Dress up day - Best costume competition.

**\*\*Afternoon Activities - look for sign up sheet.**

#### Remembrance Day Service

The Lincoln Middle School Remembrance Day Service will be held at the school on the morning of Friday, November 7<sup>th</sup> at 11:00 am.

As a part of our service, we will be sharing pictures of connections our community has to those who have served our country. We are looking for pictures of

veterans, cadets, and those currently serving in the military. Please include any pertinent information including, their name, position, and family relation, in an email to our Vice Principal Chris Mavroudis at [chris.mavroudis@sjasd.ca](mailto:chris.mavroudis@sjasd.ca)

### **October is Socktober & Mittens for Mitch Month**

For the month of October bring in brand-new unopened, adult or kid-sized pair of mittens, gloves or sock to school and help our unsheltered relatives living on the streets of Winnipeg. This small act of love can make a big difference in the lives of our neighbours.

Mittens, gloves, and socks will be collected and given to Mitch Bourbonniere on Friday, November 8<sup>th</sup>

**Insert pdf**

### **Winter Concert**

#### **Concert #1- December 10<sup>th</sup>**

Who: Grade 6 Band, Choir, Vocal Jazz, Jazz Band

Time: 7:00 pm start time, students here for 6:30 pm.

Where: Lincoln Gym

Dress: All Black

#### **Concert #2- December 11<sup>th</sup>**

Who: Grade 7 Band, Grade 8 Band, Choir, Vocal Jazz, Jazz Band

Time: 7:00 pm start time, students here for 6:30 pm.

Where: Lincoln Gym

Dress: All Black

### **Pizza Day**

Next Pizza Day will be Thursday, October 23. Orders and payments will be collected on Wednesday, October 22. Slices are still \$2.50 each and students can order cheese (option available for vegan cheese), pepperoni, pepperoni and bacon or ham and pineapple. Gluten free is also available.

## **Physical Education**

### **B.E.S.T. Bike Program**

This week we started the safety bike program, will be outside biking during gym and health classes. Please make sure your child is ready to go outside and dress for the weather. We will be going if it is cold and even in some rain, so please send a warm jacket and mitts.

Please see attached [letter](#) for more detailed information.

### **Gym Calendar - October**

### **Lincoln Parent Council:**

Our next parent council meeting is November 10, 2025 at 4:30 pm.

### **Smudging at Lincoln**

As an inclusive and culturally responsive school, we are welcoming all students to learn about First Nation, Métis, and Inuit traditions.

Smudging is an Indigenous tradition that involves the burning of traditional medicines. Smudging allows people to become mindful and centered, better able to hear, see, think, speak, and act in a good way. Participation is always voluntary. It is done in a designated area on school grounds and is approved by the Division's Workplace Health and Safety Officer to ensure that there is proper ventilation. More information about smudging is available by contacting the school. Smudging at Lincoln takes place Monday, Wednesday and Friday mornings between 8:25 am outside near the front entrance of the school.

### **Lunch Supervisors Needed:**

Looking for a way to be a part of Lincoln Middle School? We are looking for additional paid lunch supervisors to join our dedicated team. Full and part-time positions are available. For more information about hourly rates and terms of

employment, please contact our Vice Principal, Mr. Mavroudis at [chris.mavroudis@sjasd.ca](mailto:chris.mavroudis@sjasd.ca) or by calling the school at 204-837-8397.

### **COMMUNITY NEWS**

#### **Information about Big Sand Club Volleyball:**

- Club Season is just around the corner. Big Sand will be running 3 club teams this year. 2 at the 14U level and 1 at the 15U level.
- **14U Athletes** (born in September 2011 or later.) **13U athletes** are welcome to try out.
- **15U Athletes** (born in September 2010 or later)
- Tryout information can be found on the Big Sand Website:
- Team will be picked following tryouts (12 per team)
- Season runs from January until mid-May
- Club Volleyball is all Tournament based (no league play at all)
- All Tournaments usually occur on weekends (Friday- Saturday) (Saturday-Sunday)
- Big Sand will take part in 4-6 local tournaments along with Provincials and Nationals (14U in Edmonton, 15U in Calgary)
- Teams will practice 3-4 times a week (All in the St James area)
- Cost will be around \$2000.00 to \$2300.00 (Which covers everything)
  - Uniform Package
  - Gym rental
  - Insurance registration with Volleyball Manitoba and Volleyball Canada
  - Tournament registration fees
  - Equipment
  - Coaches honorariums
  - (Does not cover out-of-town travel)

Not sure how we are division of teams for the 14U teams has not been determined and will be after tryouts and talking with all the coaches.

Hope this answers a few of the questions that many of you had. Please feel free to contact me if you have any other questions or concerns.

**Peter Roadley**  
**Big Sand Volleyball**

### **Virtual opportunities for families in SJASD.**

You are invited to our upcoming virtual Staying Well Session - Understanding ADHD and Dyslexia in Girls and Women **Tuesday, October 28<sup>th</sup> at 6:15pm.** *If interested, please register for the virtual session at this link:*

<https://events.teams.microsoft.com/event/15c61c7a-2419-485f-b7ef-dc474fb6b678@57e2d773-4dcc-4850-8717-73b1db41984a>

More information about the session can be found at the above link.

### **Join instructions**

[https://hollandbloorview.zoom.us/meetings/62274604621/invitations?signature=Uzis7Wr2vgfD3\\_ty3A1R3bm5oOjFiPfRcOjLtVtYtE4](https://hollandbloorview.zoom.us/meetings/62274604621/invitations?signature=Uzis7Wr2vgfD3_ty3A1R3bm5oOjFiPfRcOjLtVtYtE4)