# Lincoln Middle School - Notes from the Office

# Week of April 5<sup>th</sup>, 2024

## Dates to Remember:

- Monday, April 8<sup>th</sup> Solar Eclipse
- Tuesday, April 9<sup>th</sup>: Spring Picture Day.
- Friday, April 12<sup>th</sup>: PD Day, no school for students. The school office is open.

# LMS Safety Planning for the Solar Eclipse - April 8, 2024

A total solar eclipse is set to occur on Monday, April 8, 2024, between approximately noon and 3:00 pm Central Standard Time, spanning from Southern Ontario to Newfoundland and Labrador, with the rest of Canada experiencing a partial eclipse. Manitoba will experience an approximate 50 percent occlusion eclipse. The Provincial Government of Manitoba has requested that schools put in place a safety plan to reduce the risk of permanent vision damage for all students.

To ensure student safety:

- We will be providing an indoor lunch recess with indoor activities planned from 12:00 pm 1:00 pm.
- all students in our care will need to bring a lunch and remain at school for the lunch hour.
- any student needing to leave the school between 12:00 and 3:00 must be accompanied by an adult.
- all learning activities will take place indoors throughout the afternoon.
- after-school tryouts and practices will still occur as originally planned.
- end of day dismissal will not be affected. Students will be dismissed at 3:20 with regular bus service provided.

Safety information provided to all schools by the province of Manitoba can be viewed at the following link:

https://www.edu.gov.mb.ca/docs/sector\_coms/solar\_eclipse.pdf.pdf

This is a tremendous learning opportunity for people of all ages. Classes and community members are encouraged to tune in live and view the solar eclipse through the NASA livestream found at the following link throughout the afternoon of Monday, April 8<sup>th</sup>, 2024: <u>2024 Total Solar Eclipse Broadcast (nasa.gov)</u>

# Lincoln Middle School Grade 6 Information Evening:

An incoming grade 6 student and family open house information evening will occur on the evening of **Wednesday**, **April 17<sup>th</sup> from 6:00 to 7:00 pm**. We will be sharing information about the school, answering questions that students and families may have, and providing some self-guided tours of Lincoln Middle School. This event is meant to be attended by current grade 5 students who reside in our catchment area and have already received a grade 6 Lincoln Middle School registration form for the fall. Please contact Lincoln Middle School principal, Mr. Kyle Lizotte, by phone 204-837-8397 or email at <u>kyle.lizotte@sjasd.ca</u> should you have any early questions or require some considerations to support your attendance that evening.

# News from the Phys. Ed. Department

Stay informed of all Lincoln athletic team schedules and practices using the following link to our <u>Athletic calendar</u>.

# <u>April Gym Calendar</u>

# Earth Day Event: Clothing Swap - April 22, 2024 in the Home Ec. Room.

We are excited to announce an upcoming event in celebration of Earth Day! As part of our ongoing commitment to sustainability and environmental awareness, we will be hosting a clothing swap for our students.

The aim of this event is to encourage our students to think critically about the impact of fast fashion on our planet and to promote the values of reuse and recycling. By participating in the clothing swap, students will have the opportunity

to refresh their wardrobes in an eco-friendly way, while also reducing textile waste.

**Donations**: We kindly ask students to bring in gently worn clothing items that they no longer wear or need. These items should be clean and washed at home before donation. Please ensure that all items are in good condition. Donations will be collected in advance of the event, starting after spring break to April 21. Students will receive a ticket for each item they bring in that they may use to "purchase" an item from the swap. Please drop off your donations at the Home Ec. room.

**Exchange:** On Earth Day, April 22, students will have the chance to use their tickets to take items from the donation racks.

We believe that this clothing swap will not only benefit our planet but also foster a sense of community and responsibility among our students. If you have any questions or concerns about the event, please feel free to contact at <u>keiko.kada@sjasd.ca</u>.

Thank you for your support in promoting sustainability and environmental awareness among our students.

#### **Board Games Club**

Lincoln Families: Our Board Games Club is looking for donations of games to add to our collection. If during your spring cleaning, you find any board games that are no longer being used, we would gratefully accept your donations. Games can be brought to Ms. Calladine in Room 9.

#### SJASD Divisional Musical Theatre Auditions for 2024-25:

Preparations for next year's performance of Madagascar: A Musical Adventure Jr. has begun. Paper copies of audition information for next year's divisional musical theatre production of Madagascar Jr. can be picked up by students in the school office. Audition information can also be found online at <u>https://www.sjasdmusical.ca</u> as well as in the following attachment:

#### Letter to Parents

## Lincoln Middle School presents Disney's Newsie Jr.

Extra! Extra! Lincoln Middle School is proud to present Disney's Newsies Jr. The shows will be performed in the theatre at Westwood Collegiate on April 22nd and 23rd. You can get your tickets by following the link below.

https://www.ticketleap.events/tickets/lincoln-middle-school/newsies-jr

## Grade 8 Farewell Celebration- Request for Committee Members:

A group of Grade 8 parents from Lincoln Middle School are planning a celebration event to congratulate this year's current group of grade 8 students on the completion of their middle school journey. To throw a great party, we are requesting grade 8 parents to join the planning committee. Interested parents can contact <u>Imsfarewell2024@gmail.com</u>. This has been an annual event organized solely by the families of Lincoln for many years and is planned without any financial contributions or staff involvement from Lincoln Middle School. Thank you for your support!

## Lincoln Parent Council:

- Our next pizza Friday happens on April 19<sup>th</sup>, 2024.
- Our next parent council meeting is scheduled for Tuesday, April 16th at 6:00 pm in the Lincoln library. All are welcome to attend.

# Staying Well Virtual Workshop: How to Support Your Child with ADHD

Tuesday, April 23, 2024

Time: 6:15-7:15

Presenters: Maria Phelps, Kristy Wake, Tracey Eagle, & Potoula Locken

Attention Deficit Hyperactivity Disorder (ADHD) is a chronic condition that affects millions of children and often continues into adulthood. ADHD includes a combination of challenges, such as difficulty sustaining attention, hyperactivity, and impulsive behavior. Children and adolescents with ADHD may also struggle with low self-esteem, school anxiety, troubled relationships, and poor performance in school. However, children and adolescents with ADHD can learn strategies to be successful. In this free, virtual workshop for caregivers that know or suspect their child has ADHD, we will be providing information on assessment, strategies, and interventions that set your child or teen up for success at school and beyond.

To register please email Debbie Neufeld at <u>Debbie.neufeld@sjasd.ca</u> The virtual workshop will take place on Teams and may be viewed through your browser. A link will be sent a few days prior to workshop.

# Community News:

## BIG SAND SUMMER VOLLEYBALL CAMP

Big Sand will be running 3 summer sessions this year for girls between the ages of 11-15.

#### Summer Volleyball Camp

3 sessions available:

Session 1: August 12-16 Session 2: August 19-23 Session 3: August 26-30

Girls between 11-15 Sturgeon Heights Community Center 3:00-5:00

Cost \$200 (If you sign up for 2 sessions cost is \$350)

To fill out a registration form go to the **Big Sand Volleyball Website** which gives you a little more information. <u>https://www.bigsandvolleyballclub.com/</u>

St. Charles Soccer Association. Below are the links to register for recreational soccer. Please contact Todd Povey, recreational director for more information.

#### AWRA:

https://www.rampregistrations.com/public/participantreg?v3=3df61f94

Bord-Aire: https://www.rampregistrations.com/public/participantreg?v3=dca4eb28

#### Sturgeon Heights CC:

https://www.rampregistrations.com/public/participantreg?v3=d571059b

## Royal City Soccer Club

The Royal City Soccer Club, a registered non-profit community organization, is proud to host their 32<sup>nd</sup> annual grassroots summer day camps. The program is designed to promote personal development, team building and of course, FUN! Uniquely designed to offer a more soccer focused morning with a leisure swim with other organized activities in the afternoon. The program operates during all weeks in July and August for children aged 5 to 13. For more information or to register, visit <u>royalsoccer.com</u> or call 1-800-427-0536.

Soccer Day Camps - July & August weeks for all kids aged 5 to 13.

Please open attached **poster** for more details and contact information.

https://acrobat.adobe.com/id/urn:aaid:sc:US:4a4e89a9-900f-4afe-ba97b6a85ca514b1

## Spring Basketball Basics

• Learn the fundamentals of basketball with coach Brad, who has over 20 years experience coaching youth basketball. Please <u>click here</u> to view poster.

#### Baseball in St. James

Baseball registration with St. James Assiniboia Minor Baseball Association is NOW OPEN for the 2024 season for all age levels:

- Rally Cap (born 2017-2020)
- Grand Slam (born 2015-2016)
- 11U (born 2013-2014)
- 13U (born 2011-2012)
- 15U (born 2009-2010)
- 18U (born 2006-2007-2008)

Register before March 30th to save on registration fees with early bird pricing.

Check out this link for more information and to register for baseball:

<u>https://stjamesminorbaseball.net/sjamba-2024-baseball-registration-early-</u> <u>bird/</u>