Lincoln Middle School - Notes from the Office Week of March 14, 2024

Dates to Remember:

- Friday, March 15th: Inservice Day. No school for students.
- Monday, March 18th: Term 3 begins with new practical arts and creative arts classes.
- Tuesday, March 19th: Early Dismissal Day
- March 25th 29th: Spring Break
- April 1st (Day 1): School Resumes

Lincoln Spring Spirit Week: March 18th - 22nd

The student-planned spirit week features days of "versus" in which students are encouraged to choose to dress in one of the chosen themes for the day.

Monday: Pajama vs. Formal Day

Tuesday: Country vs. Country Club Day

Wednesday: Kindergarten vs. Senior Citizen Day

Thursday: Beach vs. Snow Day

Friday: Grade Colour Day with a Lion's Mane Event Gym Blast!

A description of each day can be found in the attached file: INSERT SPIRIT

WEEK FILE

Request for Support for Staff Appreciation:

A thoughtful group of Lincoln Middle School families separate from the parent council are attempting to organize a catered appreciation lunch for the Lincoln staff. This lunch means a lot to the Lincoln school staff team and lets them know

how much their community appreciates all that they do, both during and well beyond the school day. If you are willing to support this gesture of kindness, please consider making a donation of \$20 or less by e-transfer to the following email address: lincolnteacherappreciation2024@gmail.com. Please use password lincoln when sending an e-transfer. You can also email this address for any questions you may have. The organizing families are hopeful that all funds can be raised by Tuesday, April 9th and that the lunch would occur on Thursday, April 11th. Thank you for your support!

Lincoln Parent Council:

- Our next pizza Friday happens on March 22nd.
- Our next parent council meeting is scheduled for Tuesday, April 16th at
 6:00 pm in the Lincoln library. All are welcome to attend.

Lion's Pride Award Assembly:

Our next Lion's Pride Awards Assembly happens on Tuesday, March 19th starting at 9:15 am. Community members are welcome to attend. We will be recognizing the efforts of our basketball teams, divisional musical students, choir, and some individual Lion's Pride Award Winners. We will be contacting families directly of those students who will be receiving individual awards of significance.

News from the Phys. Ed. Department

Stay informed of all Lincoln athletic team schedules and practices using the following link to our **Athletic calendar**.

Gym Calendar - March 2024

Gym Calendar - April 2024

Staying Well Virtual Workshop: How to Support Your Child with ADHD

Tuesday, April 23, 2024

Time: 6:15-7:15

Presenters: Maria Phelps, Kristy Wake, Tracey Eagle, & Potoula Locken

Attention Deficit Hyperactivity Disorder (ADHD) is a chronic condition that affects millions of children and often continues into adulthood. ADHD includes a combination of challenges, such as difficulty sustaining attention, hyperactivity, and impulsive behavior. Children and adolescents with ADHD may also struggle with low self-esteem, school anxiety, troubled relationships, and poor performance in school. However, children and adolescents with ADHD can learn strategies to be successful. In this free, virtual workshop for caregivers that know or suspect their child has ADHD, we will be providing information on assessment, strategies, and interventions that set your child or teen up for success at school and beyond.

To register please email Debbie Neufeld at <u>Debbie.neufeld@sjasd.ca</u> The virtual workshop will take place on Teams and may be viewed through your browser. A link will be sent a few days prior to workshop.

Community News:

St. Charles Soccer Association. Below are the links to register for recreational soccer. Please contact Todd Povey, recreational director for more information.

AWRA: https://www.rampregistrations.com/public/participantreg?v3=3df61f94

Bord-

Aire: https://www.rampregistrations.com/public/participantreg?v3=dca4eb28

Sturgeon Heights CC:

https://www.rampregistrations.com/public/participantreg?v3=d571059b

Royal City Soccer Club

The Royal City Soccer Club, a registered non-profit community organization, is proud to host their 32nd annual grassroots summer day camps. The program is designed to promote personal development, team building and of course, FUN! Uniquely designed to offer a more soccer focused morning with a leisure swim with other organized activities in the afternoon. The program operates during all weeks in July and August for children aged 5 to 13. For more information or to register, visit <u>royalsoccer.com</u> or call 1-800-427-0536.

Soccer Day Camps - July & August weeks for all kids aged 5 to 13.

Please open attached poster for more details and contact information.

https://acrobat.adobe.com/id/urn:aaid:sc:US:4a4e89a9-900f-4afe-ba97-b6a85ca514b1

Spring Basketball Basics

Learn the fundamentals of basketball with coach Brad, who has over 20 years experience coaching youth basketball. Attach jpeg

Manitoba High School Chess Championship

 The Manitoba Chess Association in collaboration with the École Secondaire Sisler High School Chess Club is pleased to invite all Manitoba students in grades 7 to 12 to participate in the 2024 Manitoba High School Chess Championship. • The event will be held during Spring Break from 9:30 to 3:30 on March 26, 2024 in the Senior Gymnasium at École Secondaire Sisler High School, 1360 Redwood Avenue in Winnipeg. Please click here for more information