

École Ness - Notes from the Office , March 15, 2024 Instagram: @ecole.ness

School Office Hours: 8:15 am - 4:15 pm, Monday - Friday

Dear École Ness families,

- It was so wonderful to see so many of our Ness families connecting with one another and celebrating their child's learning last night during student-led conferences.
- A reminder that March 19 is early dismissal. Students are dismissed at 3:10 p.m.
- Next week is spirit week! Please see calendar below for more details.
- Please see the link below for information about outdoor soccer registration for Sturgeon Heights CC: <u>https://www.rampregistrations.com/public/participantreg?v3=d571059b</u>
- WA-SAY is hosting Spring Round Dance at RBC Convention Centre on March 21. Please see below for more information.
- SJASD is hosting the following the following workshop:

Staying Well Virtual Workshop: How to Support Your Child with ADHD Tuesday, April 23, 2024 Time: 6:15-7:15 Presenters: Maria Phelps, Kristy Wake, Tracey Eagle, & Potoula Locken Description of event:

Attention Deficit Hyperactivity Disorder (ADHD) is a chronic condition that affects millions of children and often continues into adulthood. ADHD includes a combination of challenges, such as difficulty sustaining attention, hyperactivity, and impulsive behavior. Children and adolescents with ADHD may also struggle with low self-esteem, school anxiety, troubled relationships, and poor performance in school. However, children and adolescents with ADHD can learn strategies to be successful. In this free, virtual workshop for caregivers that know or suspect their child has ADHD, we will be providing information on assessment, strategies, and interventions that set your child or teen up for success at school and beyond.

To register please email Debbie Neufeld at <u>Debbie.neufeld@sjasd.ca</u> The virtual workshop will take place on Teams and may be viewed through your browser. A link will be sent a few days prior to workshop.

Enjoy the weekend!



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SUN	MON	TUE	WED	THU	FRI	SAT	
25	26	27	28	29	1	2	
3	4	5	6	7	8	9	
		Early Dismissal 3:10 pm					
10	11	12	13	14	—— 15 ——	16	
		CSHC Information Evening @ 6:00		Student-led Celebration of Learning Conferences 4:30-6:30	Inservice		
17	18	19	20	21	22	23	
	PJ Day	Early Dismissal 3:10 pm Jersey Day	On Wednesday We Wear Pink	Rhyme Day	Super Fun Hat/Hair Day		
24	25	26	27	28	29	30	
Spring Break							
			No school				
31	1	2	3	4	5	6	