



# Ness Middle School

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[www.sjasd.ca/school/ness](http://www.sjasd.ca/school/ness)

## HIGH 5 COMMUNITY RUN – MONDAY, MAY 28<sup>TH</sup>, 2018

**Who:** You! (And your family, friends, classmates and neighbours!)

**What:** A 5km fun run held in our community (there is also 2.5km loop option)

**Where:** Starting and Finishing at École Robert Browning, 130 Browning Blvd.

**When:** Monday, May 28th, 2018 @ 4:30pm. **The race takes place rain or shine!**

(Tuesday, May 29th will be used as a make up day if there is a reason we cannot run the race, ie: lightning).

**Why:** To build a strong community relationship between our schools, be active and have fun!

Sounds AWESOME! How do I register?

### The details:

- To register for the run, please visit <https://highfiverun.wordpress.com>  
(When choosing a school, please select "Other.")
- The waiver for the run is attached and should be returned to **Mme Careen** (Room 208) upon registration.
- **The cost of the race is \$5.00**, with a portion of the proceeds going to KidSport Manitoba. Race fees can be paid to **Mme Careen** (Room 208) when handing in the completed race waiver. (Cash or cheque accepted. Please make cheques payable to Ness Middle School).
- Registration for this event closes **Wednesday, May 23, 2018. NO EXCEPTIONS!**
- Any students who require assistance registering can see **Mme Careen** (Room 208).
- Questions? Please email **Mme Careen** : [acareen@sjsd.net](mailto:acareen@sjsd.net)

See you on race day!  
Go Knights!