

April 8 , 2024

Notes from the Office

Staff Appreciation

Thank you to all Phoenix families and the Phoenix Parent Council for your recent acts of kindness during staff appreciation days. We are very thankful for your partnership and support.

Westwood Family of Schools Concert



Staying Well Virtual Workshop: How to Support Your Child with ADHD

Tuesday, April 23, 2024

Time: 6:15-7:15

Presenters: Maria Phelps, Kristy Wake, Tracey Eagle, & Potoula Locken

Attention Deficit Hyperactivity Disorder (ADHD) is a chronic condition that affects millions of children and often continues into adulthood. ADHD includes a combination of challenges, such as difficulty sustaining attention, hyperactivity, and impulsive behavior. Children and adolescents with ADHD may also struggle with low self-esteem, school anxiety, troubled relationships, and poor performance in school. However, children and adolescents with ADHD can learn strategies to be successful. In this free, virtual workshop for caregivers that know or suspect their child has ADHD, we will be providing information on assessment, strategies, and interventions that set your child or teen up for success at school and beyond.

To register please email Debbie Neufeld at Debbie.neufeld@sjasd.ca The virtual workshop will take place on Teams and may be viewed through your browser. A link will be sent a few days prior to workshop.

Celebration of Learning Conferences

We encourage all families to attend the Phoenix Celebration of Learning Conferences on April 11 in the evening from 4:00-7:00 PM or April 12, 2024 from 8:30-11:20 AM in the morning.

A special note for families wishing to meet with Mrs. Bremner*****

As Bright Beginnings will be operating in the gym, siblings and other family members will not have access to the gym to play. Families wishing to meet with Mrs. Bremner are asked to check to see if she is available. If Mrs. Bremner is with another family, please wait outside the gym office on the benches provided.

Modular Classrooms Update

Final construction continues to happen and/or be scheduled for our new portable classrooms, including the relocation of the school library shelving and book collections.

SUMMER VOLLEYBALL CAMPS

SCAN QR CODE FOR MORE INFO!!!



STURGEON HEIGHTS COMMUNITY CENTRE
To Register Contact: Peter Roadley
Email: p.roadley90@gmail.com

