

New Books at Headingley Public Library

Bonnie Brown, the Librarian for the Headingley Public Library informed the school that the library has augmented their parenting section and added some books on the importance of unstructured play, limiting technology and reducing anxiety in children following the EDI meeting of April 11. The poster below lists some of the new titles.

THE IMPORTANCE OF PLAY...

How unstructured free time
leads to greater school
readiness, reduced anxiety and
happier children

