




Phoenix School
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www.sjasd.ca/school/phoenix



October 14, 2025

Notes from the Office

Halloween Dance-A-Thon

Thank you for supporting our Halloween Dance-A-Thon taking place on Oct. 31, 2025. We are so excited for this school wide event. Please watch for Pledge Forms and Parent/Guardian Information letters being sent home with the oldest child in each Phoenix family. 

All students are invited to participate in the school Dance-A-Thon. Students are encouraged to collect donations to support their dance session in the gym! We are hoping this is a fun way for students to raise funds to help pay for important school experiences such as field trips, guest performances and specialized learning materials.

Halloween Safety Tips



Trick-or-Treating Tips

- Stick to the sidewalks.
- Plan a route ahead of time.
- Cross the street at intersections or crosswalks and look both ways for cars.
- Carry a flashlight to help see and be seen.
- Always accompany young children on their neighbourhood rounds.
- Older children should travel in groups and create a "buddy system" to get each other home safely.

Candy Safety

- Accept treats at the door only—never enter strangers' homes or cars.
- Avoid eating candy until it's inspected by an adult at home.
- Avoid consuming treats if the packaging is already opened.
- Remove choking hazards (such as hard candies, chewy/sticky candies, popcorn, nuts, and marshmallows) from candy hauls if you are trick-or-treating with young children, especially babies and toddlers. (Soft chocolate bars without nuts or hard fillings, and chocolate wafers are a great safer option for little ones).
- Always supervise young children while they're enjoying their Halloween goodies to ensure a safe and fun holiday!

Halloween Safety for Pets

- Consider keeping pets indoors or in a quiet, secure room to avoid the noise and stress of visitors.
- Have your pet on a leash if they are joining the trick-or-treating adventure.
- Ensure your pet's costume is comfortable and safe with no small parts that could be swallowed.

Good Deeds for Donations

Phoenix School participates in an Annual Rock, Paper, Scissor Tournament where we fundraise to create Holiday Hampers for St. James Assiniboia School Division Families. Sturgeon Heights has students that will do 'Good Deeds' for a donation to the hampers. A lot of people hire them to rake leaves and other odd jobs. If you have any odd jobs or know of anyone that could use their help please contact Mrs. Woods at deborah.einarsonwoods@sjasd.ca

Staying Well Session – Understanding ADHD and Dyslexia in Girls and Women

Dear Phoenix Families,

You are invited to our upcoming virtual Staying Well Session – Understanding ADHD and Dyslexia in Girls and Women **Tuesday, October 28th at 6:15pm**. **If interested, please register for the virtual session at this link:**

<https://events.teams.microsoft.com/event/15c61c7a-2419-485f-b7ef-dc474fb6b678@57e2d773-4dcc-4850-8717-73b1db41984a>

More information about the session can be found at the above link.

Flourishing for Families 2.0 (October 15, 2025, 6 to 7 pm CST/ 7 to 8 pm EST)

In today's complex world, simplicity feels rare. But what if simple skills could transform your parenting and help your family thrive? Join this practical workshop to learn how to nurture your child's resilience, autonomy, and self-regulation, the very strengths essential for lifelong well-being.

Learning Objectives:

- Develop a basic understanding of emotions and behaviour
- Learn how to positively influence emotions and, in turn, behaviour

If interested in joining this virtual opportunity please save this email with the link below, and rsvp to Debbie Neufeld at Debbie.neufeld@sjasd.ca if you plan to attend.

Lost and Found

Families are encouraged to clearly label your child's name on personal items. This will help return any clothing etc. that has found its way to the lost and found.



The poster features the SJASD logo at the top left. The main title is '2026/27 BUDGET CONSULTATION' in large blue letters, with 'REGISTER NOW' in a black box to the right. Below the title, it says 'Wednesday, October 22, 2025 at 6:30pm' and 'SJASD Board Office, 2574 Portage Ave.'. A central graphic shows a list of discussion topics connected by lines to various icons: a checklist, a person at a desk, a wrench and screwdriver, a school bus, a puzzle piece, and a calculator. At the bottom, there is a QR code and the word 'PLAN' written on wooden blocks.

SJASD invites community members to attend
2026/27 BUDGET CONSULTATION
Wednesday, October 22, 2025 at 6:30pm
SJASD Board Office, 2574 Portage Ave.

REGISTER NOW

Share Your Priorities for 2026/27

DISCUSSION TOPICS

- Student Services
- Programming
- Transportation
- Maintenance
- Technology
- Class Size
- School Fees

Onsite Childcare
Available Upon Request
RSVP to elizabeth.gwilliam@sjasd.ca, 204-888-7951 or
complete the form below:

PLAN

Community Bulletin Board



HALLOWEEN HOWL

SATURDAY | 25th | OCTOBER

HEADINGLEY COMMUNITY CENTRE, 5353 PORTAGE AVE

2 TIMESLOTS: 2:30-4PM OR 5:30-7PM

TICKETS HERE: WWW.PHOENIXREC.ORG/EVENTS



HEADINGLEY

Holiday Market



In Support of Headingley Seniors' Services

FRIDAY OCTOBER 17TH	11AM-7PM
SATURDAY OCTOBER 18TH	10AM-4PM

HEADINGLEY COMMUNITY CENTRE 5353 PORTAGE AVE

OVER 50 VENDORS IN OUR
NEWLY EXPANDED MARKET SPACE!



\$2 ADMISSION
FREE PARKING
CANTEEN
RAINBOW AUCTION

NO ATM ONSITE



www.headingleyseniorservices.ca