

Phoenix School 111 Alboro Street Headingley, Manitoba R4J 1A3 Phone No. (204) 889-5053 Fax No. (204) 889-5060 www.sjasd.ca/school/phoenix



October 6, 2025

Notes from the Office

Terry Fox Run

Congratulations Phoenix families! Over \$4400 was raised this year to support cancer research. Thank you to all for your generous support.

Good Deeds for Donations

Phoenix School participates in an Annual Rock, Paper, Scissor Tournament where we fundraise to create Holiday Hampers for St. James Assiniboia School Division Families. Sturgeon Heights has students that will do 'Good Deeds' for a donation to the hampers. A lot of people hire them to rake leaves and other odd jobs. If you have any odd jobs or know of anyone that could use their help, please contact Mrs. Woods at deborah.einarsonwoods@sjasd.ca

Early Dismissal

The next early dismissal day is Tuesday, October 7. Students will be dismissed at 2:30 PM.

Parent Advisory Council

The first Parent Advisory Council will be taking place on Oct. 14, 2025, at 6:00 PM. Parents interested in attending the meeting are asked to RSVP their attendance by emailing phoenix@sjasd.ca

Staying Well Session – Understanding ADHD and Dyslexia in Girls and Women

Dear Phoenix Families,

You are invited to our upcoming virtual Staying Well Session – Understanding ADHD and Dyslexia in Girls and Women *Tuesday, October 28th at 6:15pm. If interested, please register for the virtual session at this link:*

https://events.teams.microsoft.com/event/15c61c7a-2419-485f-b7ef-dc474fb6b678@57e2d773-4dcc-4850-8717-73b1db41984a

More information about the session can be found at the above link.

Flourishing for Families 2.0 (October 15, 2025, 6 to 7 pm CST/ 7 to 8 pm EST)

In today's complex world, simplicity feels rare. But what if simple skills could transform your parenting and help your family thrive? Join this practical workshop to learn how to nurture your child's resilience, autonomy, and self-regulation, the very strengths essential for lifelong well-being.

Learning Objectives:

- Develop a basic understanding of emotions and behaviour
- Learn how to positively influence emotions and, in turn, behaviour

If interested in joining this virtual opportunity please save this email with the link below, and rsvp to Debbie Neufeld at <u>Debbie.neufeld@sjasd.ca</u> if you plan to attend.

Lost and Found

Families are encouraged to clearly label your child's name on personal items. This will help return any clothing etc. that has found its way to the lost and found.

