



Phoenix School
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September 29, 2025

Notes from the Office

National Day for Truth and Reconciliation—September 30, 2025

**NATIONAL DAY FOR
TRUTH AND
RECONCILIATION**

There will be no school on this day. Thank you to all Phoenix families for taking the time to acknowledge and reflect on this very important day.

Good Deeds for Donations

Phoenix School participates in an Annual Rock, Paper, Scissor Tournament where we fundraise to create Holiday Hampers for St. James Assiniboia School Division Families. Sturgeon Heights has students that will do 'Good Deeds' for a donation to the hampers. A lot of people hire them to rake leaves and other odd jobs. If you have any odd jobs or know of anyone that could use their help, please contact Mrs. Woods at deborah.einarsonwoods@sjasd.ca

Student Drop Offs

Now that the first week of month of school has passed and routines are in place, parents are requested not to wait with their children on the tarmac with classroom lines.

Staying Well Session – Understanding ADHD and Dyslexia in Girls and Women

Dear Phoenix Families,

You are invited to our upcoming virtual Staying Well Session – Understanding ADHD and Dyslexia in Girls and Women **Tuesday, October 28th at 6:15pm. If interested, please register for the virtual session at this link:**

<https://events.teams.microsoft.com/event/15c61c7a-2419-485f-b7ef-dc474fb6b678@57e2d773-4dcc-4850-8717-73b1db41984a>

More information about the session can be found at the above link.

Flourishing for Families 2.0 (October 15, 2025, 6 to 7 pm CST/ 7 to 8 pm EST)

In today's complex world, simplicity feels rare. But what if simple skills could transform your parenting and help your family thrive? Join this practical workshop to learn how to nurture your child's resilience, autonomy, and self-regulation—the very strengths essential for lifelong well-being.

Learning Objectives:

- Develop a basic understanding of emotions and behaviour
- Learn how to positively influence emotions and, in turn, behaviour

If interested in joining this virtual opportunity please save this email with the link below, and rsvp to Debbie Neufeld at Debbie.neufeld@sjasd.ca if you plan to attend.



Lost and Found

Families are encouraged to clearly label your child's name on personal items. This will help return any clothing etc. that has found its way to the lost and found.

Terry Fox Run

Congratulations to all students and staff for an excellent run last week in support of the Terry Fox Foundation. Please stay tuned for the total funds raised.