



# Sansome School

181 Sansome Avenue  
Winnipeg, Manitoba R3K 0N8  
Phone (204) 889-6000 Fax (204) 889-6007

September 16<sup>th</sup>, 2024

Dear Parents/Guardians,

Although another school year has just begun, the cross-country season is already underway. Our cross-country run team has been working hard during our lunch hour practices and are now preparing for our upcoming races. Students in grades 4 and 5 are encouraged to participate in three races, two at the district level, and the other at the divisional level. The first race will be an 800metre race that starts over on the Westwood track and finishes in the back field of our school. The second race will be 1000metres and will take place on the school grounds of Robert Browning. We will wrap up our season with the final 1200metre race at Assiniboine Park. Dates for the races are set as the following:

**District Races:**      **Thursday, September 19<sup>th</sup> @ 4:05pm**  
                                 **Race held at Sansome School (181 Sansome Ave.)**

**Thursday, September 26<sup>th</sup> @ 4:05pm**  
**Race held at Ecole Robert Browning (130 Browning Blvd.)**

**Divisional Race:**      **Thursday, October 3<sup>rd</sup> @ 12:15pm**  
                                 **(Rain Date – Thursday, October 10<sup>th</sup>)**  
                                 **Race held at Assiniboine Park**

**For the District Race:** Students will be dismissed from class approximately 15 minutes early and will be walking to Ecole Robert Browning accompanied by Mrs. Starkell, Ms. Paul, and Mrs. Morgan. Upon the completion of the race (approximately 4:30 @ Robert Browning), students are required to be picked up by a parent or guardian. **The students will not be returning to Sansome School on Thursday, September 26<sup>th</sup>.**

**For the Divisional Race:** Students will be bussed to and from Assiniboine Park on a school bus. Mrs. Starkell, coaches, and parent volunteers will supervise the students. Following the race, the students will return to Sansome and be dismissed following the regular timetable. Parents are more than welcome to come down to the park and watch the divisional race!

Practice schedules have already been sent home and are being held during various lunch hours from 12:25pm to 1:00pm. Although attending **all** practices may be difficult for some students (due to other conflicts), students are encouraged to attend all practices. Only students that show a strong commitment to the team will be permitted to represent our school at the races.

Please fill out the **Field Trip Permission Form** and return it to Mrs. Starkell no later than **Wednesday, September 18<sup>th</sup>**. If you have any questions or concerns, please feel free to contact Mrs. Starkell at the school or by email [kerry.starkell@sjasd.ca](mailto:kerry.starkell@sjasd.ca).

Actively yours,

Mrs. Starkell  
Physical Education Teacher  
204-889-6000