St. James Collegiate
Scholarship Opportunities

SCHOLARSHIPS FOR STUDENTS USING MENTAL HEALTH SUPPORT

IAM Scholarship Program https://iamentalhealth.ca/what-we-do/scholarship-program/

Provides annual bursaries (typically $1,000–$5,000) for Canadians living with schizophrenia or other serious/complex mental illness to support education or training (GEDs, vocational programs, postsecondary, certifications, skills upgrading, etc.).

Canadian Mental Health Association https://www.cmhaacrossmb.ca/news/2025-scholarship-application-guidelines/

This award gives five $1,000 scholarships annually to Manitoba residents (age 20+) who have experienced mental illness or serious substance use, are accessing mental health supports, are enrolled at a recognized Manitoba postsecondary institution and show a financial need for support.

Healthy Lifestyle Scholarship https://www.scholarshipca.com/scholarships/premier-s-healthy-living-scholarship-foryouth-2025-at-university-of-manitoba

Recognizes high school graduates from Manitoba who have been positive role models in promoting healthy lifestyles (e.g. through activity, healthy eating, mental health promotion, etc.); recipients receive $1,000 for their first year at the University.

Kindred Foundation x Adventure4Change https://www.kindredfoundation.ca/mental-and-physical-health/scholarships

A multiyear scholarship for alumni of Adventure4Change (A4C) that gives $4,000 per year for up to 4 years to support postsecondary studies.

Medavie for Mental Health https://www.medavie.ca/en/medavie-foundation/medavie-scholarship/

Awards up to $7,000 (renewable for up to three more years) to Canadian students aged 17–25 who have a personal or family history of mental health challenges and who are enrolled fulltime in a recognized health related post-secondary program (nursing, psychology, paramedicine, etc.).

Sarah Gaulin Memorial Scholarship

http://www.gaulinfoundation.org/en/scholarship.php

This national Canadian scholarship awards $1,000 to a fulltime postsecondary student who has lived with a mental health condition for at least two years.