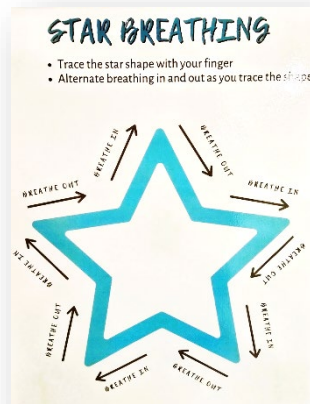




MESSAGE FROM THE SCHOOL LEADERSHIP TEAM

In April it has been wonderful to welcome parents into the building for Student-Led Conferences. After a long winter, it was uplifting to see families inside the school, listening to students share their learning and celebrate their progress. Thank you for taking the time to be part of these meaningful conversations.



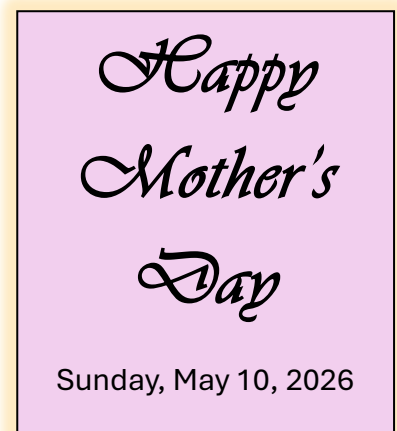
Throughout April, our school community focused on different aspects of healthy living, including good nutrition, mental well-being, and physical fitness. These themes are an important part of helping our students develop habits that support learning and overall wellness, and we appreciate the conversations and activities that reinforced these messages at home and at school. It's a good reminder to take time to breathe, move your body, and eat food that nourishes us. Thank you to the Safe and Healthy Schools Leadership Team for organizing this awareness campaign.

As we move into May, we would like to extend warm wishes for Mother's Day on May 10. We wish a happy day to all mothers, caregivers, and those who support and care for our Strathmillan children—your support makes a difference every day, and we truly appreciate you.

Please note that May includes two long weekends: there will be no school on **Friday, May 1** due to an in-service day, and no school on **Monday, May 18** for Victoria Day.

Finally, thank you to the 58 parents who took the time to complete our recent survey and share feedback. Your input will play an important role in our school planning process, and we are grateful for your partnership. The survey revealed high rates of satisfaction in most areas. There were also practical ideas for improvement that we will take to heart, such as rethinking opportunities for communication and parent-conference formats.

Warren Nickerson (Principal) and Kellie Straub (Vice Principal)



PILOT PROGRAM – FREE MILK IN JUNE

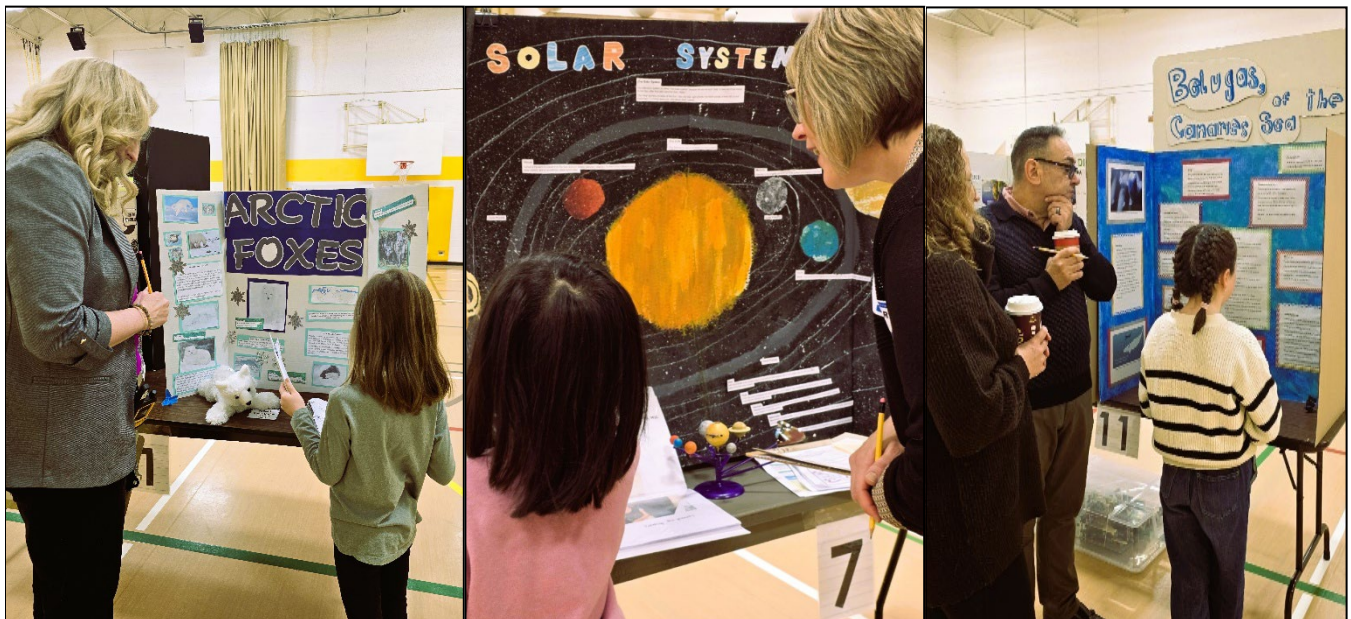
Strathmillan School began offering free milk as part of our nutrition program in May. White milk is now offered free on Tuesday and Thursday for those who sign up. Twice a month, according to provincial nutrition guidelines, we can offer chocolate milk. We're making the same offer for June. There is no fee.

The deadline to order free milk for June is **May 22**. Order through the following online form, or scan the QR code on the right:

[June Milk Order Form - Strathmillan School – Fill out form](#)



STRATHMILLAN PROJECT FAIR



Thank you to our judges: Kirsten Fraser-Petz, Manny Gomez, Jennifer Stark, Susan Atcheson, Cora-Leigh Fast, Deidre Saggert, Tristen Vincent and Kellie Straub

PARENT ADVISORY COUNCIL – MAY UPDATES

Here's what's coming up for PAC this month. Please take a moment to note the important dates and deadlines below.

For all updates, please follow our Instagram account @strathparentcouncil

May PAC Meeting

Tuesday, May 5, 6:00 pm
Location: Strathmillan Library

All parents and caregivers are welcome to attend PAC meetings. It's a great way to stay in the loop and share ideas or questions.

May Fun Lunch – Papa John's Pizza

Thursday, May 14
Order cut-off: Sunday, May 10

Subway Fun Lunch is coming up later this month. Orders must be placed through healthyhunger.ca. Please be sure to place your order before the cut-off, as late orders can't be accepted.

Glenlea Greenhouse Fundraiser

Thank you all for your support of our Glenlea fundraiser! Ordering has now closed. All plants will be available for **pick up in the mini gym on Thursday, May 28**

We will be there from 3:30 pm - 5:30 pm. All plants **MUST** be picked up that evening. Please contact us if you need to make alternate arrangements.

Staff Appreciation

We have been working hard to ensure that all the staff at Strathmillan are feeling appreciated this year! Instead of having one week, we have decided to provide treats one Friday a month.

We would love your support in showing the staff how much we care. **If you would like to make a donation towards our staff appreciation activities, please send an e-transfer to strathcommcouncil@gmail.com with a note saying "staff appreciation".**

Thanks for your continued support of Strathmillan's Parent Council!

For all updates, please follow our Instagram account @strathparentcouncil



Soccer Registration at Sturgeon Heights Community Centre!

Welcome to SHCC Timbits Mini Soccer ages 3-7

Registration is open :

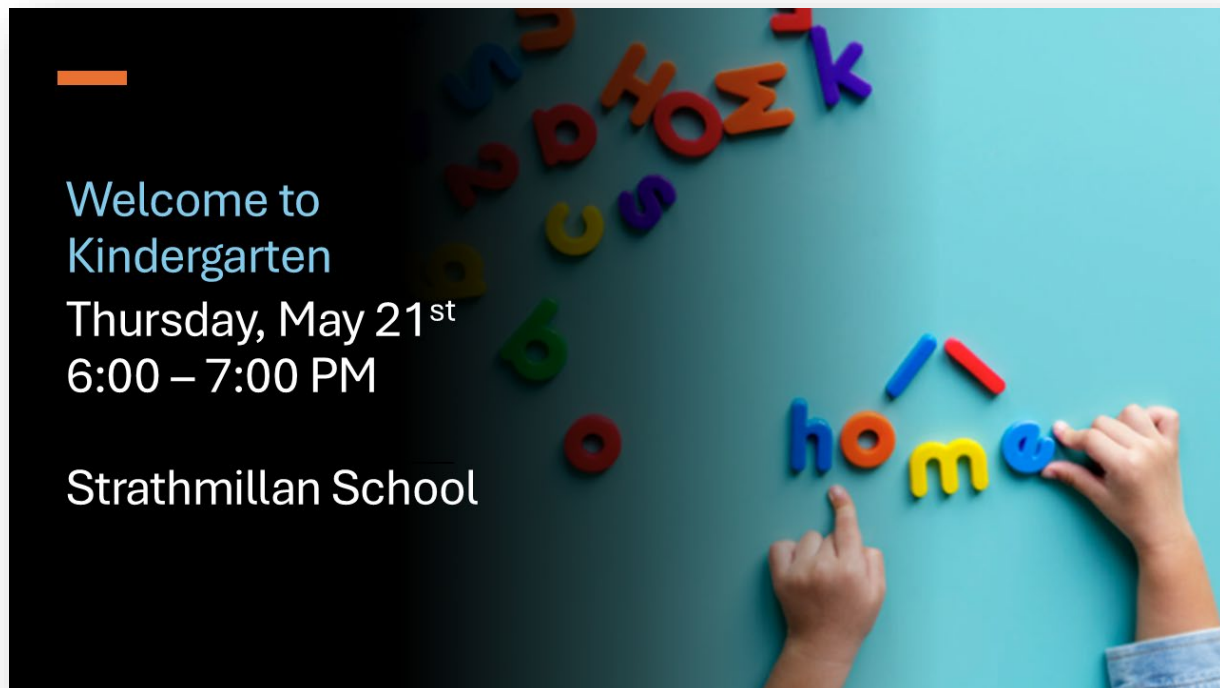
<https://www.sturgeonheightscc.com/2026/03/12/mini-soccer-spring-2026/>

Sturgeon Heights CC
210 Rita St
Winnipeg MB R3J 2Y2



Important Notice:

Please be advised that this year's Mini Soccer program will operate as an unsupervised program. All activities will be organized and conducted solely by parents and volunteer coaches. There will be no convenor supervision present at the fields during scheduled sessions. We kindly ask all participating families to work cooperatively to ensure a safe, respectful, and enjoyable environment for the children. Thank you for your understanding and support.



PHYSICAL EDUCATION

Ms. Orsulak

Kindergarten, Grade 1, and Grade 1/2 classes have successfully completed their dance unit. Students became expert dancers while learning and performing favourites such as the Bunny Hop, the Hokey Pokey, and several other fun dances.

We have now begun our striking unit. Students are developing their skills by striking balloons with their hands and foam noodles, and we will soon be progressing to using other implements such as rackets.

As we move into warmer weather, we will be spending more time outdoors. Please remember to send your child to school with a hat and sunscreen for sun protection.



Mr. McKenzie

In PE class, grade 2-5 students spent the first 2 weeks after Spring Break learning about games that children from different countries around the world play during our Multicultural Games unit. The games had students using a variety of movement skills and featured activities from Hong Kong, Ethiopia, Greece, Australia and India just to name a few (many others as well).

April saw the grade 4+5 students begin their last intramural activity for the year. Students were given a choice to participate in Badminton on Mondays or Team Handball on Wednesdays. Our Badminton group has 38 students and they are working their way through an elimination bracket tournament while also playing King's Court singles. Team Handball has 5 teams with 6 or 7 players each. They are playing round-robin games for 5 weeks before entering the playoff round that will crown a champion near the end of May.

Grade 4+5 students have also been working hard at Volleyball Club. The Grade 4 Club has been meeting Tuesdays at lunchtime. They have shown tremendous improvement and are looking great for next year. The grade 5s meet Tues + Thurs mornings in preparation for their tournament on May 4th at Sturgeon Heights Collegiate.



MUSIC EDUCATION – Ms. Dawson

This month in music, in conjunction with our Health Month focus on mental wellness, students participated in drumming workshops with local artist **Chris Scholl** from DNA Rhythms. All students got to experience three classes with Chris, drumming on the Tubano drums in the classroom but also learning more about body percussion. We all had a ton of fun with Chris and thank him for visiting Strathmillan School!



This month students were treated to a performance by our SJASD Divisional Choir. Several Strathmillan students took part this year. We were mightily impressed by the quality of the performance, especially with our choristers who took on a solo.



In the music room this May, students are staying busy and creative! Grades 4 and 5 are continuing to build their recorder skills, while Grades 2 and 3 are excited to begin learning the ukulele. Our youngest musicians in Kindergarten and Grade 1 will keep exploring music through xylophones and a variety of classroom instruments. Since **May is Music Month** in Manitoba, we'll be celebrating by exploring a wide range of songs and fun, hands-on ways to make music together all month long.

We're also looking forward to a special field trip on May 21! Our Grade 4–5 students will visit the West End Cultural Centre to enjoy a live performance by the Winnipeg Chamber Orchestra alongside members of Papa Mambo. This unique concert, *When Mozart Meets Motown!*, promises an exciting blend of musical styles and a memorable experience for our students.

LIBRARY - Ms. Branco



Book Fair Success!

A huge **THANK YOU** to all the families, students, and staff who came out to support our school book fair! The energy was absolutely incredible! It was wonderful to see so many kids excited about new books.

Because of your support, we earned over \$1,000 worth of Scholastic books for our school library!

A special shoutout to our dedicated volunteers—we certainly couldn't have done it without you. Thank you for helping us foster school community, and a love of reading!



WISE Kid-netic Energy



Strathmillan is excited to welcome the **WISE Kid-Netic Energy** workshop to our school on **Wednesday, May 20th** for rooms 23, 38, 1, and 12.

WISE (Women in Science and Engineering) is an outreach program from the University of Manitoba dedicated to youth participation in STEM (science, technology, engineering and math) fields.

Younger students will study *Greenhouse Structures* while older students explore *Meet the Minerals*.

CANADA LEARNING BOND

What is an RESP?

A Registered Education Savings Plan (RESP) is an education savings account that is registered with the Government of Canada. It allows you to earn interest and grows tax-free until your child is ready to attend post-secondary education. Many children who are eligible do not receive the funds, as families are not aware of the program. There are two ways the government helps you save with an RESP: *The Canada Learning Bond* and *The Canada Education Savings Grant*.



What is the Canada Learning Bond?

The Canada Learning Bond (CLB) is a grant from the Government of Canada to help kick-start the education savings account of eligible children with up to \$2000 of free money. You are not required to contribute any money to receive this grant. Your child is eligible if:

- they are born in 2004 or later
- they lived in Canada before they turned 15 years old
- their family's income met eligibility criteria for at least one year

They can receive \$500 the first year they are eligible, and an additional \$100 every year they are eligible until they turn 15 years old. (The money can be claimed retroactively, even after they turn 15!)

What is the Canada Education Savings Grant?

The Canada Education Savings Grant (CESG) is a grant where the Government of Canada matches a portion of contributions in a child's RESP. Every child is eligible for the CESG regardless of their family's income. Contributions can be made until the end of the year the child turns 15 years old (and in some cases, until the child turns 17).

They could **receive a 20% matching contribution** on the first \$2500 contributed per year. That's a potential total of \$500 extra per year for your child's education!

Depending on your family income, some children will qualify for an additional 10-20% match on the first \$500 contributed. That could be an extra \$100 per year!



EXPLORE REAL CAREERS THIS SUMMER!

CAREER EDUCATION SUMMER CAMP FOR STUDENTS IN GRADES 5-7 | WINNIPEG, MB

Join us for an **EXCITING** summer camp where you can engage in hands-on learning, discover a variety of careers & have some **FUN!**



Trekker Trips/Tours



Hands-On Workshops



Career Lessons

Program Offerings



Lunch/Snacks Provided
We accommodate each participant's dietary needs.



Team Builders
Engage with other students & learn the value of teamwork & networking.



Industry Guest Speakers
Learn from real industry professionals about their work experiences and career paths.



Trekker Trips
Participants visit industry work sites and local areas to get some real-world experience.

Camp Information

Camp 1 at University of Manitoba

◦ July 6-10

Camp 2 at Red River College Polytech, Notre Dame

◦ July 20-24

Camp 3 at University of Manitoba

◦ August 4-7

Camp 4 at Red River College Polytech, Notre Dame

◦ August 17-21

**ALL CAMPS RUN FROM
9AM - 3PM**

\$25
For Each
Camp



SPACES ARE LIMITED!

SCAN THE CODE →
Register early and receive a complimentary water bottle on the first day of camp!



For any inquiries, please contact:

Paula Madrid, Program Coordinator

pmadrid@careertrek.ca

204-944-1800 ext. 118

@careertrek
www.careertrek.ca



MAY 2026

Sun	Mon	Tues	Wed	Thu	Fri	Sat
					1 Day 1 Inservice; no School	2
3 PATROL SQUAD 3	4 Day 6 • Gr 5 Volleyball Tournament at Sturgeon Heights (AM)	5 Day 1 • Beading Club • Primary Choir • Lego Club: Gr 3 Rm 38 & Rm 25 • Gr 4 Volleyball Practice 12:25 • Early Dismissal • Strathmillan PAC Meeting 6:00 PM	6 Day 2 • Intermural: Team Handball	7 Day 3 • Intermediate Choir	8 Day 4 • Adapted Swimming • Order Cutoff for Fun Lunch (Papa John's) is Sunday, May 10	9
10 MOM'S DAY PATROL SQUAD 4	11 Day 5 • Badminton: Gr. 4 Girls, Gr. 5 Girls 12:25	12 Day 6 • Beading Club • Primary Choir • Lego Club Grade 3 Rm 38 & Rm 27	13 Day 1 • Intermural: Team Handball • Lego Club – Grade 2 Rm 38 & Rm 25	14 Day 2 • Fun Lunch • Intermediate choir	15 Day 3 • Adapted Swimming	16
17 PATROL SQUAD 1	18 Victoria Day	19 Day 4 • Beading Club • Primary Choir • Badminton: Gr. 4/5 Boys, Gr. 5 Girls 12:25 • Early Dismissal	20 Day 5 • WISE Kid-netic Energy workshop • Intermural: Handball Semi-finals • Lego Club – Grade 2 Rm 38 and 27	21 Day 6 • Grade 4 – 5 Field Trip to West End Cultural Centre • Welcome to Kindergarten 6 to 7 PM	22 Day 1 • Adapted Swimming	23
24 PATROL SQUAD 2	25 Day 2 • Badminton: Gr. 4/5 Boys, Gr. 4 Girls 12:25	26 Day 3 • Beading Club • Primary Choir	27 Day 4 • Intermural: Team Handball: Championship Game	28 Day 5 • Intermediate Choir • Strathmillan PAC Glenlea Fundraiser Delivery 3:30 – 5:30, Mini-gym	29 Day 6 • Adapted Swimming	30

UPCOMING DATES in JUNE

- June 2 – Early Dismissal; Strathmillan PAC meeting
- June 12 – Inservice – No School
- June 17 – Music Night (5 – 7)
- June 18 – “Day in the Life” @ Golden Gate MS
- June 19 – Tabloid Day
- June 23 – Bump up day
- June 24 – Grade 5 Farewell
- June 25 - Kinder Celebration (11:30 AM and 3:15 PM)
- June 29 – Report cards set out
- June 29 - Canada Day Walk; last day of school
- June 30 – Admin day – no school