

# EXTRA-CURRICULAR ACTIVITIES

## Aviation Club

Students are welcome to drop by the aviation to explore the realism of flight simulation. Whether you are an expert or trying a simulator for the first time you are welcome to drop by. Students learn how to operate the controls of a plane and understand what all those gauges do on the instrument panel. Students can fly solo, or with other students in the multiplayer mode. Who knows, you may even have an opportunity to fly a plane using our newest technology, virtual reality headsets!

Everyday over lunch hour in 2C4, staff contact Mr. J. Vodopivec

## Best Buddies

Best Buddies is in over 56 countries world-wide and has been established in Canada since 1993. It is designed to create lasting friendships between individuals with and without an intellectual or developmental disability (IDD). Our ultimate goal is to promote inclusion, acceptance, and friendship in every school and community across Canada.

If interested come, see Mr. Wachs in room B5 and sign up with your name and email and/or phone number so we can contact you for the first meeting.

[Click here for Best Buddies website](#)

## Chess Club

Players enjoy casual games against each other and develop their chess skills by working on openings, tactics, strategies, and end games. Tournaments will also be organised and allow students to face one another in a setting that resembles professional chess

Chess club is every Friday in classroom E3. Staff contact is Mr. G. Ammann-Lanthier

## Club Colons de Catane

Le Club is for those who enjoy the board game Colons de Catane, (French for Settlers of Catan) to play, strategize, trade and have fun.

Meets every Thursday, at lunch in room E2

## Computer Science Challenge Club

The format is that Mr. Wachs will put a programming problem on the board on Mondays, Wednesdays, and Thursday (each day the problem will get more difficult). You may solve them individually or in teams and then send Mr. Wachs your solution(s) before Friday. He will announce the “winners” and as a group examine and discuss the solutions to learn from each other and discuss techniques. The room can also be used as a quiet workspace over lunch hour.

The club takes place over lunch in B5 [Click Here for webpage for more information.](#)

[Click here for Computer Science Challenge Club Website](#)

## Creative Writing

Student writers bring a sample of their writing to share with the other members. We also prepare for various Writing Competitions.

[Meets Wednesday and Thursday at lunch in 2B7, staff contact Mr. S. Lewis.](#)

## Debate Club

The Sturgeon Heights Debate Club-Team will be meeting at various times throughout the school year (listen carefully to announcements). We will be supporting each other by teasing out the two sides of any topic – and we help each other build our skills and abilities through fun and interesting activities. Hopefully, we will be able to participate in some local tournaments again this year as we gain confidence and skill in the invigorating skill of debate.

[See Mr. S. Pauls in 2B10 for more details.](#)

## Envirothon

Is a team of 5 students who study materials related to various topics about the environment. They put this information to use on a trail test at Oak Hammock Marsh that will take place in late May.

[This group will begin meeting in semester 2, staff contact H. Zinn](#)

## Garden Club

It is a group for students to learn how to plant and grow a garden. Students can earn volunteer hours for helping to take care of the garden over the summer.

[TBA on start date mainly in early spring, staff contact J. Peters, W. Kagazo, H. Zinn](#)

## GSA (Gender & Sexuality Alliance)

Sturgeon Heights GSA (Gender & Sexuality Alliance) is for Two-Spirit, lesbian, gay, bisexual, transgender, queer, questioning, intersex, asexual, and aromantic (2SLGBTQ+) and allied students. We offer 2SLGBTQ+ youth & their allies a fun, positive space to learn new skills, create projects, and celebrate our identities. Weekly meetings focus on fostering resilience, increasing self-esteem and self-confidence while building social networks, contacts, and peer support.

Meets Wednesdays at lunch in A3, staff contact C. Yaholkoski, P. McGuire

## Homework Club

Students can get caught up on their homework and have access to tutors.

Monday- Thursday 3:30 – 4:30 in room 2E2 **\*\*no homework club on early dismissals\*\***

staff contact Mme W. Kagazo, M. Dvorak, M. Sneesby Mme S. Wong (Wednesday)

## Human Rights and Holocaust Studies Program

The Human Rights and Holocaust studies program goal is to promote understanding of the consequences of racism, discrimination, and prejudice. During this program students learned about violations of Human Rights both in Canada and around the globe. Attention is given to studying about the residential schools and the Truth and Reconciliation process. Other topics includes examination of genocides throughout time and the Holocaust.

For more information about time and place of future activities please contact E. Plotnik

## Indigenous Student Group

The Indigenous Student Group is open to all Indigenous students and their allies who want to learn more about Indigenous cultures and issues. Sometimes we smudge and have a talking circle. Other times we watch movies or listen to music. Sometimes we have guest Elders and Knowledge Keepers. We also go on field trips. We have snacks!

ISG meets every Thursday at lunch in room 2C6. Staff contact is P. McGuire

## Lego Club

The LEGO club will let students play around with LEGO MINDSTORMS. Whether you are interested in high level robotics or just want to build something as a way to release stress the LEGO club is open to all students.

Will be starting in November and running on Tuesday at Lunch in room 2A3.

Staff Contact is E. Jazen Roth

## Maker Space

It is a drop-in group for students to do handcrafts and learn new handcrafting skills.

Meets on Monday's in A3 at lunch, staff contact H. Zinn, R. Langrell.

## Reach for the Top

Reach for the Top is a team quiz competition. Questions are about everything. We compete against other schools throughout the year.

Meets at lunch in 2D3 on Thursdays. Staff contact is D. Libby

## Robotics Club

Robotics club is designed for students who want to build various robots for different competitions.

Club meets in the Electronics shop E4, on Wednesday's starting November 9.

Staff contact is G. Yakimoski

## Senior Jazz Combo

Senior Jazz Combo is a group of students who are interested in learning more about the creative process involved in jazz. They learn the theory behind the harmony and then create their own arrangements and improvise. They will work towards performances throughout the year.

Meets at lunch on Thursdays in the Band room. Staff contact is K. Byrne

## Video Game Club

The video Game club is designed for students who enjoy the many different aspects of Video Games and Gaming culture.

The club will follow a format and schedule see link below for details.

Staff contact Mr. L. Wachs, Mr. J. Rogowy

[Click here for Video Game Club website](#)

# Huskies Athletic Teams

## BADMINTON

**Season Dates:** March and April

**Coach:** Mr. Janzen Roth

## BASKETBALL

**Season Dates:** November to February

**JV Boys:** Mr. Tackie **Varsity Boys:** Mr. Tackie

**JV Girls:** Ms. Anderson **Varsity Girls:** Mr. Cox

## CROSS-COUNTRY RUNNING

**Season Dates:** September to October

**Coach:** Ms. Peters

## CURLING

**Season Dates:** November to January

**Coach:** Mr. Libby

## FOOTBALL

**Season Dates:** August to November

**JV And Varsity Coach:** Mr. Vincent, Ms. Woods

## GOLF

**Season Dates:** April & May

**Coach:** Mr. Ford

## HOCKEY

**Season Dates:** September to February

**Boys:** Mr. Thorsteinson **Girls:** Ms. Johnsrud

## HANDBALL

**Season Dates:** April & May

**Coach:** Ms. Woods

## INDOOR SOCCER

**Season Dates:** October to March

**Boys:** Mr. Sherk **Girls:** Ms. Lecuyer

## LACROSSE

**Season Dates:** April to June

**Boys:** Mr. Hilder **Girls:** Ms. Johnsrud

## RUGBY

**Season Dates:** April and May

**Coach:** Mr. Vincent

## OUTDOOR SOCCER

**Season Dates:** April & May

**Boys:** Mr. Sherk **Girls:** TBA

## TRACK AND FIELD OUTDOOR

**Season Dates:** April and May

**Coach:** Mr. Tackie

## ULTIMATE

**Season Dates:** Fall September and October

**Coach:** Mr. Nemetchek, Mr. Lintott

**Season Dates:** Spring April & May

**Coach:** Mr. Nemetchek, Mr. Lintott

## VOLLEYBALL

**Season Dates:** September to November

**JV. Girls:** Mr. Vermette **JV Boys:** Mr. Hilder

**Varsity Girls:** Mr. Vermette

**Varsity Boys:** Mr. Janzen Roth