



## **SCHOLARSHIPS FOR STUDENTS USING MENTAL HEALTH SUPPORT**

### **IAM Scholarship Program**

<https://iamentalhealth.ca/what-we-do/scholarship-program/>

Provides annual bursaries (typically \$1,000–\$5,000) for Canadians living with schizophrenia or other serious/complex mental illness to support education or training (GEDs, vocational programs, postsecondary, certifications, skills upgrading, etc.).

### **Canadian Mental Health Association**

<https://www.cmhaacrossmb.ca/news/2025-scholarship-application-guidelines/>

This award gives five \$1,000 scholarships annually to Manitoba residents (age 20+) who have experienced mental illness or serious substance use, are accessing mental health supports, are enrolled at a recognized Manitoba postsecondary institution and show a financial need for support.

### **Healthy Lifestyle Scholarship**

<https://www.scholarshippca.com/scholarships/premier-s-healthy-living-scholarship-for-youth-2025-at-university-of-manitoba>

Recognizes high school graduates from Manitoba who have been positive role models in promoting healthy lifestyles (e.g. through activity, healthy eating, mental health promotion, etc.); recipients receive \$1,000 for their first year at the University.

### **Kindred Foundation x Adventure4Change**

<https://www.kindredfoundation.ca/mental-and-physical-health/scholarships>

A multiyear scholarship for alumni of Adventure4Change (A4C) that gives \$4,000 per year for up to 4 years to support postsecondary studies.

### **Medavie for Mental Health**

<https://www.medavie.ca/en/medavie-foundation/medavie-scholarship/>

Awards up to \$7,000 (renewable for up to three more years) to Canadian students aged 17–25 who have a personal or family history of mental health challenges and who are enrolled fulltime in a recognized health related post-secondary program (nursing, psychology, paramedicine, etc.).

### **Sarah Gaulin Memorial Scholarship**

<http://www.gaulinfoundation.org/en/scholarship.php>

This national Canadian scholarship awards \$1,000 to a fulltime postsecondary student who has lived with a mental health condition for at least two years.