



## **MENTAL HEALTH & PARENTING**

## Monday, March 4, 2019 - 6:00 p.m. to 8:30 p.m.



## "the best youth care trainer in America" CHARLIE APPELSTEIN:

Using a Positive, Strength-Based Approach for Effective Parenting

KIDTHINK's Kari Deschambault & Christina Rambarran: Understanding Children's Mental Health

## RSVP AT KIDTHINK.CA/EVENTS OR AT 204-233-2556



233-2556 1-800-665-4443