

Westwood Collegiate 2017-2018

Grade 11 and 12 Physical Education



Grade 11 and 12 Physical Education Course Overview

75 hours of moderate to vigorous physical activity.



Online Health Modules
Grade 11=4 modules
Grade 12=3 modules



ONE CREDIT!

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Grade 12 = 3 modules



IN-SCHOOL

- Girls Fitness.
- Elite Training.
- VB/BB Academy.
- Phys. Ed.

OUT-OF-SCHOOL

Hand in activity hours each month on the activity tracking form.

Gr. 11: Mr. Christie

Gr. 12: Mr. Hiebert

-Due: Friday, May 25, 2018.

-Website: <https://bblearn.merlin.mb.ca>
(Username: First initial-last name and the last 3 digits of your MET number.

Password: SAME as username).
-Pass/fail. You need 21 out of 30 marks to pass each module.

-Due: Friday, December 22, 2017.