



GRADE 7 LEARNING FROM HOME SCHEDULE

BLOCK 1		BLOCK 2		BLOCK 3		BLOCK 4		BLOCK 5		BLOCK 6
9:00 – 9:45	BREAK	10:15 – 10:45	BREAK	11:00 – 11:45 *TEAMS MEETING*	BREAK	12:00 – 12:30	LUNCH	1:30 – 2:15	BREAK	2:30 – 3:15

DAILY CHECKLIST FOR THE DAY:

- Complete ALL work that has been sent home with you from your teachers
- Check in with your Phys.Ed. group in Teams for health work from Mr. Kostiuk; a Teams meeting will be scheduled once a week with Mr. Kostiuk so watch for the invitation!
- Connect to your Teams meeting at 11:00 am
- Movement & snack breaks between each block

*If you have questions about your assignments, send an email to your teacher!