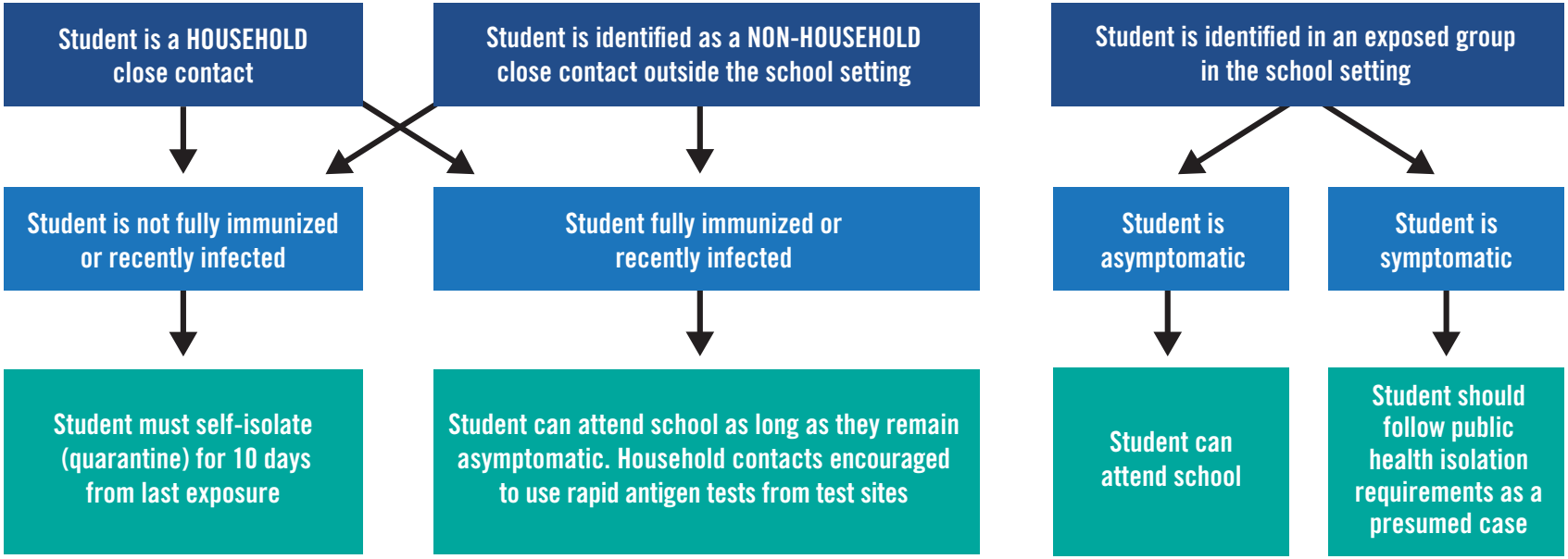Isolation, Self-Isolation (Quarantine) Requirements for Close Contacts and Household Members