

We challenge you to perform as many kind deeds as you can inone week. Using the checklist below, check off your acts as you go. Have fun!

Kindly presented by Dignity Health

allenges

		The Cha
	l	
		J
		1
		1
		I
		I
		I
		I
		I
		I
		I
		I
		I
<u> </u>		
		1
_ _		1



