

# Lincoln Middle School

3180 McBey Ave.

Winnipeg, MB

Ph: 837-8397 ext. 4511

<https://www.sjasd.ca/school/lincoln>

[www.sjasd.ca](http://www.sjasd.ca)

Dear Grade 7 Band Students & Parents,

October 4, 2019

The St. James-Assiniboia School Division Grade 7 Band Trip to Camp Arnes **October 17-18, 2019** is less than two weeks away! There are about 200 students from all six middle schools in our division preparing for our inaugural division-wide Grade 7 Band Camp. This letter will provide information including details, medical information requirements, expectations, itinerary, etc. Parents, please go over this information with your child to make sure he/she knows what is going on and to help make this a positive experience for everyone.

Thank you to all who have brought in their permission forms and taken care of the \$50 deposit using our cash online system. Go to <https://sjsd.schoolcashionline.com> if you still have a balance owing. Final payment amount will be coming next week.

## Informational Meeting

All parents are invited to our Camp Arnes Informational Meeting Wednesday, **October 9th at 6:30 p.m.** in the theatre at Hedges Middle School (369 Fairlane). This presentation will be about 30 minutes long and will expand upon the information provided in this letter, give you the opportunity to meet the parent chaperones and teacher supervisors involved, and allow questions relevant to the trip.

## Medication

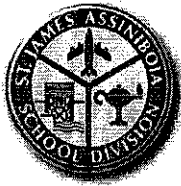
School **URIS** files will be taken on this field trip. If there are updates necessary, please contact the school. If your child requires staff to administer medications while at the camp or if your child will be self-administering prescribed or over the counter medication, it is absolutely necessary for you to fill out the attached forms and return them to your child's Band Director prior to the parent meeting October 9, 2019. No medications can be administered to students without these forms being filled in.

## Guidelines for Students

In order to help make this a positive experience for everyone, we all need to be aware of some guidelines to help make things run smoothly.

- 1> Please respect other people, property, and yourself at all times.
- 2> Please listen to and follow instructions when asked.
- 3> Please be on time for all rehearsals and activities.
- 4> Please respect the "lights out" time each night. For safety reasons it is extremely important students stay in their assigned rooms each night. In the event of an emergency, we need to know where everyone is.
- 5> This is a school activity which means student behavior must be appropriate to the school setting. (If you can't do it at school, you can't do it at camp.)

The St. James-Assiniboia School Division  
Great Schools for Growing and Learning



# Lincoln Middle School

3180 McBey Ave.

Winnipeg, MB

Ph: 837-8397 ext. 4511

<https://www.sjasd.ca/school/lincoln>

[www.sjasd.ca](http://www.sjasd.ca)

*Please note:* Refusal to follow the above guidelines or other inappropriate behavior may result in one or more of the following consequences for a student:

*-Suspension from any remaining trip activities.*

*-Parents being contacted.*

*-Students being picked up early or sent home at the expense of the family of the student.*

## What to bring?

Students will need to bring the following items to camp with them.

- ✓ Instrument and pencils (don't bring your music - you will get new music at the camp).
- ✓ Extra reeds, valve oil, slide cream, cork grease, etc.
- ✓ Watch, reading material, cards, snacks (**peanut and nut-free**) for the bus and free time at camp.
- ✓ A variety of warm clothes including a jacket. Students should be prepared for cooler, wet weather. Please be sure that student clothing complies with school dress codes. Bring a swimsuit for the pool.
- ✓ 2 pairs of shoes (1 pair should be comfortable walking shoes for recreation times).
- ✓ Sleeping bag, pillow and a bed sheet.
- ✓ Towel, soap, shampoo, toothbrush, toothpaste, brush, comb, and other personal toiletry items.
- ✓ Water bottle, hat, suntan/block lotion, mosquito repellent.
- ✓ Please eat your breakfast prior to departure on October 17th.

***Students are responsible for their own instrument and personal items. Please make sure these items are labeled with the student's name and school.***

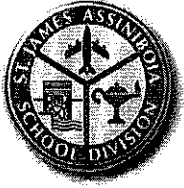
## Bus Pick-up and Drop-off

There will be four Beaver Bus lines buses used to transport students and parent to and from camp. In order to minimize complications, there will be four pick-up locations October 17th at 7:40 a.m.: Golden Gate, Hedges, Lincoln and Ness schools. Students from George Waters will catch the bus at Golden Gate (330 Bruce Avenue) and students from Bruce will catch the bus at Hedges (369 Fairlane Avenue. When we return to Winnipeg on October 18th, buses with more than one school on them will drop off at Hedges and Golden Gate at 4:30 p.m. and then continue on to Bruce and George Waters and arrive there at 4:50 p.m. Parents, please be certain to make arrangements for your children to be picked up as soon as they arrive at their school.

## Itinerary

Students will be split up into three Bands: Beethoven, Mozart and Tchaikovsky. They will rotate through full rehearsal, sectional rehearsal and recreation to ensure there is a good balance of learning and recreation while at camp. Students will also be placed in dorms and will be supervised by Band directors, parent chaperones at all times to ensure the safety of all participants. Thank you to all of our parent

**The St. James-Assiniboia School Division**  
**Great Schools for Growing and Learning**



# Lincoln Middle School

3180 McBey Ave.

Winnipeg, MB

Ph: 837-8397 ext. 4511

<https://www.sjasd.ca/school/lincoln>

[www.sjasd.ca](http://www.sjasd.ca)

chaperones who have volunteered their time to accompany us on this trip. This trip could not happen without you.

The schedule below is a condensed version of the one the students will receive. Students will find out which Band and which dorm they are in when they arrive at camp. Please see the proposed itinerary below:

SCHEDULE	Thursday, October 17, 2019
7:40 AM	Buses arrive at Golden Gate, Hedges, Lincoln and Ness Schools
8:00 AM	Buses Depart for Camp Arnes
9:30 AM	Arrive Camp Arnes-Camp Host will make announcements on the bus-DO NOT DISEMBARK
10-12 PM	Rotation of Beethoven, Mozart & Tchaikovsky students to Full Band, Sectionals & Recreation
	Recreation-beach volleyball, pool ball, main field soccer, etc.
1:30-5:00 PM	Rotation of Beethoven, Mozart & Tchaikovsky students to Full Band, Sectionals & Recreation
	Recreation-Zip Line, High Ropes, Pool, Co-op Games, etc.
5:00 - 6:00 PM	SUPPER
6:30-9:30	Marshmallow Roast, Movie, Games Rotation
9:30	Return to Dorms
10:00 PM	Dorm meeting and prepare for bed
11:00 PM	Lights out

SCHEDULE	Friday, October 18, 2019
7:00 AM	Wake up, pack & clean dorms-leave luggage on decks
8:00 AM-9:00 AM	BREAKFAST
9:30 AM-12 PM	Rotation of Beethoven, Mozart & Tchaikovsky students to Full Band, Sectionals & Recreation Pick up your t-shirt at rehearsal. Please wear it the remainder of the day.
	Zip Line, High Ropes, Pool, Co-op Games, etc.
12:00 - 1:00 PM	LUNCH
1:30 - 2:30 PM	2 groups of "Instincts for Survival" challenge
2:45 PM	Load Buses
3:00 PM	Leave Camp
4:30 PM	Buses arrive at Golden Gate, Hedges, Lincoln and Ness Schools
4:50 PM	Buses arrive at Bruce and George Waters Schools

The St. James-Assiniboia School Division  
Great Schools for Growing and Learning



# Lincoln Middle School

3180 McBey Ave.

Winnipeg, MB

Ph: 837-8397 ext. 4511

<https://www.sjasd.ca/school/lincoln>

[www.sjasd.ca](http://www.sjasd.ca)

## Contact Information

Camp Arnes is approximately an hour and 15 minutes from the North side of Winnipeg.

1. Travel North on Highway 8 (McPhillips) until you see the Camp Arnes sign (approximately 15 minutes past Gimli). Turn right onto Arnes Road (Route 122).
2. At the stop sign turn right onto the 222.
3. The Camp Arnes driveway is your first immediate left.

Camp Arnes (888) 642-7618

Gimli Hospital (204) 642-5116

Gimli RCMP (204) 642-5106

For more information, please come to the meeting on October 9th or contact your Band Director at the school by phone or email.

Sincerely,

Ms. D. Chrisp, Mr. M. Guidry, Mr. F. Johnson, Mrs. T. Johnson, Mr. J. Kehler, Ms. A. Laing, Ms. J. Woodcroft  
SJASD Band Directors



**AUTHORIZATION FOR THE SELF-ADMINISTRATION OF MEDICATION**

(Prescription or Over-the-counter)

**IDENTIFICATION**

Name \_\_\_\_\_ Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_  
Year Month Day

Parent/guardian \_\_\_\_\_ Daytime phone(s) \_\_\_\_\_

Parent/guardian \_\_\_\_\_ Daytime phone(s) \_\_\_\_\_

Emergency contact \_\_\_\_\_ Daytime phone(s) \_\_\_\_\_

School name: \_\_\_\_\_ School year: \_\_\_\_\_

**MEDICATION INFORMATION**

Name of medication \_\_\_\_\_

**PARENT/GUARDIAN AUTHORIZATION**

I have read policy JLCD - Administering Medicines to Students, and I understand that:

- a) Prescribed medication must be brought to the school in a pharmacy labelled container. Over-the-counter medication must be brought to the school in the original container.
- b) For students in early and middle school, controlled substance medications (e.g. codeine, morphine) must be brought to the school by the parent/guardian or designated adult and stored in the school office or other adult only accessible locked location.

I acknowledge that my child can safely and responsibly carry and self-administer the medication listed above during school hours and understand that I am responsible for consequences which may result from lost or misplaced medication.

\_\_\_\_\_  
Signing Parent/guardian name – Please Print

\_\_\_\_\_  
Parent/guardian signature

\_\_\_\_\_  
Date

*This authorization automatically terminates June 30<sup>th</sup> of the current school year or upon change in medication.*

I understand that my child's personal and personal health information will be kept confidential and protected in accordance with FIPPA and PHIA. I understand that any other collection, use or disclosure of personal information or personal health information about my child will not be permitted without my consent, unless authorized under FIPPA or PHIA. If you have any questions or concerns about the collection of this information, contact the Access and Privacy Officer at the St. James-Assiniboia School Division, 2574 Portage Avenue, Wpg, MB R3J 0H8, telephone (204) 888-7951.



AUTHORIZATION AND ADMINISTRATION OF PRESCRIBED MEDICATION
(Prescription or Over-the-counter)

PART I - IDENTIFICATION

Student Identification:

Name: \_\_\_\_\_ Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_
Year Month Day

Manitoba Health Number is on file [ ] Yes [ ] No

School Identification:

School name: \_\_\_\_\_ School year: \_\_\_\_\_

Parent Identification:

Parent/guardian \_\_\_\_\_ Day phone(s) \_\_\_\_\_

Parent/guardian \_\_\_\_\_ Day phone(s) \_\_\_\_\_

Emergency contact \_\_\_\_\_ Day phone(s) \_\_\_\_\_

Physician Identification: Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Physician Address: \_\_\_\_\_

PART II - MEDICATION INFORMATION - TO BE COMPLETED BY THE PARENT/GUARDIAN OR PHYSICIAN

Name of medication \_\_\_\_\_

Reason for medication \_\_\_\_\_

Dosage \_\_\_\_\_ Time of administration during school day \_\_\_\_\_

Route (e.g. oral, eye drops) \_\_\_\_\_

Start date (if applicable) \_\_\_\_\_ End date (if applicable) \_\_\_\_\_

Storage requirements (e.g. refrigeration) \_\_\_\_\_

Physician that prescribed medication \_\_\_\_\_

Phone: \_\_\_\_\_

Address \_\_\_\_\_

Physician signature: \_\_\_\_\_
(required for over the counter medication only)

\*\*Continued on next page

I understand that my child's personal and personal health information will be kept confidential and protected in accordance with FIPPA and PHIA. I understand that any other collection, use or disclosure of personal information or personal health information about my child will not be permitted without my consent, unless authorized under FIPPA or PHIA. If you have any questions or concerns about the collection of this information, contact the Access and Privacy Officer at the St. James-Assiniboia School Division, 2574 Portage Avenue, Wpg, MB R3J 0H8, telephone (204) 888-7951.



PART III - PARENT/GUARDIAN AUTHORIZATION\*

Student Name \_\_\_\_\_

School name: \_\_\_\_\_ School year: \_\_\_\_\_

I have read and understand policy JLCD and regulation JLCD-R - Administering Medicines to Students Prescribed and Over-The-Counter, and I understand that:

Yes, the first dose of the above medication has been administered at home and well tolerated. *The first dose does not need to be administered at home if the medication is required for emergency situations (e.g. adrenaline auto-injector for anaphylaxis, reliever medication for asthma, rescue medication for seizures).*

I have attached the original pharmacy prescription label to this form.

I hereby certify that the above information is correct and request and authorize the school to administer the medication named above to my child.

\_\_\_\_\_  
Please Print Parent/guardian name

\_\_\_\_\_  
Parent/guardian signature

\_\_\_\_\_  
Date

*\*This authorization automatically terminates June 30<sup>th</sup> of the current school year or upon change in medication.  
Revised June 27, 2017 Motion #11-03-17*

I understand that my child's personal and personal health information will be kept confidential and protected in accordance with FIPPA and PHIA. I understand that any other collection, use or disclosure of personal information or personal health information about my child will not be permitted without my consent, unless authorized under FIPPA or PHIA. If you have any questions or concerns about the collection of this information, contact the Access and Privacy Officer at the St. James-Assiniboia School Division, 2574 Portage Avenue, Wpg, MB R3J 0H8, telephone (204) 888-7951.