

## Lincoln Middle School - Notes from the Office

Week of March 22nd, 2024

### Dates to Remember:

- March 25<sup>th</sup> - 29<sup>th</sup>: Spring Break and the school office is closed.
- Monday, April 1<sup>st</sup> (Day 1): School Resumes
- Tuesday, April 2<sup>nd</sup>: Early Dismissal Day. All students are dismissed at 2:50
- Tuesday, April 9<sup>th</sup>: Spring Picture Day.
- Friday, April 12<sup>th</sup>: PD Day, no school for students. The school office is open.

### News from the Phys. Ed. Department

Stay informed of all Lincoln athletic team schedules and practices using the following link to our **Athletic calendar**.

[Gym Calendar - April 2024](#)

### Earth Day Event: Clothing Swap - April 22, 2024 in the Home Ec. Room.

We are excited to announce an upcoming event in celebration of Earth Day! As part of our ongoing commitment to sustainability and environmental awareness, we will be hosting a clothing swap for our students.

The aim of this event is to encourage our students to think critically about the impact of fast fashion on our planet and to promote the values of reuse and recycling. By participating in the clothing swap, students will have the opportunity to refresh their wardrobes in an eco-friendly way, while also reducing textile waste.

**Donation:** We kindly ask students to bring in gently worn clothing items that they no longer wear or need. These items should be clean and washed at home before donation. Please ensure that all items are in good condition. Donations will be collected in advance of the event, starting after spring break to April 21. Students will receive a ticket for each item they bring in that they may use to "purchase" an item from the swap. Please drop off your donations at the Home Ec. room.

**Exchange:** On Earth Day, April 22, students will have the chance to use their tickets to take items from the donation racks.

We believe that this clothing swap will not only benefit our planet but also foster a sense of community and responsibility among our students.

If you have any questions or concerns about the event, please feel free to contact at [keiko.kada@sjasd.ca](mailto:keiko.kada@sjasd.ca).

Thank you for your support in promoting sustainability and environmental awareness among our students.

### **Grade 8 Farewell Celebration- Request for Committee Members:**

A group of Grade 8 parents from Lincoln Middle School are planning a celebration event to congratulate this year's current group of grade 8 students on the completion of their middle school journey. In order to throw a great party, we are requesting grade 8 parents to join the planning committee. Interested parents can contact [lmsfarewell2024@gmail.com](mailto:lmsfarewell2024@gmail.com). This has been an annual event organized solely by the families of Lincoln for many years and is planned without any financial contributions or staff involvement from Lincoln Middle School. Thank you for your support!

### **Lincoln Middle School Grade 6 Information Evening:**

An incoming grade 6 student and family open house information evening will occur on the evening of **Wednesday, April 17<sup>th</sup> from 6:00 to 7:00 pm**. We will be sharing information about the school, answering questions that students and families may have, and providing some self-guided tours of Lincoln Middle School. This event is meant to be attended by current grade 5 students who reside in our catchment area and have already received a grade 6 Lincoln Middle School registration form for the fall. Please contact Lincoln Middle School principal, Mr. Kyle Lizotte, by phone 204-837-8397 or email at [kyle.lizotte@sjasd.ca](mailto:kyle.lizotte@sjasd.ca) should you have any early questions or require some considerations to support your attendance that evening.

### **Lincoln Parent Council:**

- Our next pizza Friday happens on April 5<sup>th</sup>.
- Our next parent council meeting is scheduled for Tuesday, **April 16th at 6:00 pm** in the Lincoln library. All are welcome to attend.

### **Staying Well Virtual Workshop: How to Support Your Child with ADHD**

**Tuesday, April 23, 2024**

**Time: 6:15-7:15**

**Presenters: Maria Phelps, Kristy Wake, Tracey Eagle, & Potoula Locken**

Attention Deficit Hyperactivity Disorder (ADHD) is a chronic condition that affects millions of children and often continues into adulthood. ADHD includes a combination of challenges, such as difficulty sustaining attention, hyperactivity, and impulsive behavior. Children and adolescents with ADHD may also struggle with low self-esteem, school anxiety, troubled relationships, and poor performance in school. However, children and adolescents with ADHD can learn strategies to be successful. In this free, virtual workshop for caregivers that know or suspect their child has ADHD, we will be providing information on assessment, strategies, and interventions that set your child or teen up for success at school and beyond.

To register please email Debbie Neufeld at [Debbie.neufeld@sjasd.ca](mailto:Debbie.neufeld@sjasd.ca) The virtual workshop will take place on Teams and may be viewed through your browser. A link will be sent a few days prior to workshop.

### **Community News:**

St. Charles Soccer Association. Below are the links to register for recreational soccer. Please contact Todd Povey, recreational director for more information.

**AWRA:**

<https://www.rampregistrations.com/public/participantreg?v3=3df61f94>

**Bord-Aire:**

<https://www.rampregistrations.com/public/participantreg?v3=dca4eb28>

**Sturgeon Heights CC:**

<https://www.rampregistrations.com/public/participantreg?v3=d571059b>

### **Royal City Soccer Club**

The Royal City Soccer Club, a registered non-profit community organization, is proud to host their 32<sup>nd</sup> annual grassroots summer day camps. The program is designed to promote personal development, team building and of course, FUN! Uniquely designed to offer a more soccer focused morning with a leisure swim with other organized activities in the afternoon. The program operates during all weeks in July and August for children aged 5 to 13. For more information or to register, visit [royalsoccer.com](http://royalsoccer.com) or call 1-800-427-0536.

Soccer Day Camps - July & August weeks for all kids aged 5 to 13.

Please open attached [poster](#) for more details and contact information.

<https://acrobat.adobe.com/id/urn:aaid:sc:US:4a4e89a9-900f-4afe-ba97-b6a85ca514b1>

### **Spring Basketball Basics**

- [Learn the fundamentals of basketball with coach Brad, who has over 20 years experience coaching youth basketball.](#)

## **Manitoba High School Chess Championship**

- The Manitoba Chess Association in collaboration with the École Secondaire Sisler High School Chess Club is pleased to invite all Manitoba students in grades 7 to 12 to participate in the 2024 Manitoba High School Chess Championship.
- The event will be held during Spring Break from 9:30 to 3:30 on March 26, 2024 in the Senior Gymnasium at École Secondaire Sisler High School, 1360 Redwood Avenue in Winnipeg. [Please click here for more information](#)

## **Baseball in St. James**

Baseball registration with St. James Assiniboia Minor Baseball Association is NOW OPEN for the 2024 season for all age levels:

- Rally Cap (born 2017-2020)
- Grand Slam (born 2015-2016)
- 11U (born 2013-2014)
- 13U (born 2011-2012)
- 15U (born 2009-2010)
- 18U (born 2006-2007-2008)

Register before March 30th to save on registration fees with early bird pricing.

Check out this link for more information and to register for baseball:

<https://stjamesminorbaseball.net/sjamba-2024-baseball-registration-early-bird/>