

Lincoln Middle School - Notes from the Office

Week of May 17, 2024

Dates to Remember:

- May 20th - No School (Victoria Day Long Weekend)
- May 21st - Early Dismissal Day
- May 22nd - School Based Immunization Clinic
- May 29th - Celebration of Success Assembly
- June 4th and 5th - Spring Evening of the Arts Concert
- June 25th - Year End Awards Ceremony during the morning

Reminder of an upcoming school-based immunization clinic.

The Public Health Nurses will be at your child's school on: Wednesday, May 22nd, 2024

Listed below are the vaccines provided by Public Health within the schools during the 2023-2024 school year:

Type of Vaccine	Current Grade
Hepatitis B Vaccine (HBV)- 2 or 3-dose schedule	Grade 6
Human Papillomavirus Vaccine (HPV9)- 2 or 3-dose schedule	Grade 6
Meningococcal Quadrivalent Vaccine (Men-C-ACYW-135)	Grade 6
Tetanus, Diphtheria, Pertussis Vaccine (Tdap) OR	Grade 8

Tetanus, Diphtheria, Pertussis & Polio Vaccine (Tdap-IPV)- <i>*additional dose(s) may be due</i>	

If your child is being immunized, please ensure:

- that your child eats a good breakfast
- wears a short sleeve shirt

Counsellor in the Classroom Presentations

May is Mental Health Awareness Month. Students in grade 8 will have the opportunity to participate in the Counsellor in the Classroom program to promote the discussion of mental health and well-being. Students will gain a better understanding of what mental health is and learn more about Kids Help Phone services. The program has two main sections. First, teachers lead their class through curriculum and activities that equip students with basic mental health knowledge and prepare them for a group call with a Kids Help Phone counsellor. Second, a counsellor will video chat with the class where they help to further educate about Kids Help Phone and answer any class questions. There are also optional extension activities that the teacher can lead with the class to expand their learning.

The SJASD 'Wheel' Challenge. Students can win a Bike!

The SJASD "Wheel Challenge" will take place from May 21 to June 10, 2024. It is a chance to celebrate and encourage students to "wheel" on a regular basis. So, roller-skate, roller-blade, bike, scooter, use your wheelchair or bike your way to wellness AND White Pine has partnered to provide prizes for students!

1. Parent Letter - attached or download here <https://bit.ly/3Wbih1f>
2. BINGO CARD - Suggestions and simple ways to promote 'wheeling'. Bingo Cards are attached or can be downloaded here. <https://bit.ly/4d5AyTC>
3. Just use the SJASD student account (same as Teams login and email account) to submit the Bingo Card here: <https://bit.ly/Wheel2024>

\$500 shopping spree at White Pine Bicycle will be drawn after June 10, 2024

Spring Evenings of the Arts Concert 🎵🎵

To celebrate the music-making, dance and overall artistry efforts of our students, Lincoln Middle School will be hosting two evenings of concerts on Tuesday, June 4th and Wednesday, June 5th . These performances will take place in the Lincoln gymnasium and are divided into two evenings for the purpose of length and crowd management. Please open the following link for more information about these events: [Spring Evenings of the Arts Concert Letter](#)

Lincoln Arts and Athletics Scholarships:

We are looking to support some of our current Lincoln Lions with a contribution towards an upcoming summer camp that focuses on skill development for their desired sport or artistic form of choice. A limited amount of funds is available, and students from all grade levels are encouraged to apply. Once application forms are collected, the final scholarship selections will be completed by our Lincoln staff. All scholarship requests must be submitted no later than Friday, June 7th.

Arts Scholarship Request Form: <https://forms.gle/U6hqPtakYqjEG6dQ6>

Athletics Scholarship Request Form: <https://forms.gle/nz4H5PHSKYTASs8k9>

The "Pride" of Lincoln Student Award Nominations:

Our next Lincoln Pride Awards ceremony happens on Wednesday, May 29th. Nominations for the Lincoln Lion's Pride Award are now open and will close on May 20th. This award is meant to celebrate our student's growth in the areas of academics, athletics, the arts, and as positively contributing citizens within our school and beyond. Lincoln students, staff, families, and community members are

welcome to consider the award criteria found in the link or forms below and nominate students from Lincoln who have demonstrated success in two or more of the categories outlined.

Online Nomination Form - <https://forms.gle/81pUc9AQR87m1qY96>

News from the Phys. Ed. Department

Stay informed of all Lincoln athletic team schedules and practices using the following link to our [Athletic calendar](#).

[Gym Calendar for May 2024](#)

Lincoln Parent Council:

- Our next pizza Friday happens on **May 24th, 2024**
- Our next parent council meeting is scheduled for Thursday, **June 6, 2024 at 4:30 pm** in the Lincoln library. All are welcome to attend.

Community News:

Big Sand Summer Camps (Volleyball)

Big Sand Volleyball Club is running 3 sessions this summer. Many of you have already registered and the camps are now more than 60% full.

WHAT

Running three sessions. You can sign up for as many as you'd like:

Session 1: August 12-16

Session 2: August 19-23

Session 3: August 26-30

WHO

Girls ages 11-15. No prior volleyball experience needed. Will be covering basics for beginners while also acting as a refresher for those more experienced before the school season.

WHERE

Sturgeon Heights Community Centre

WHEN

M-F 3:00 - 5:00pm

COST

Cost \$200/session (If you sign up for 2 sessions cost is \$350, all 3 sessions cost is \$450)

HOW

Please have one team member fill out the form at the top of the page. Payment can be made by e-transfer, cash or cheque by end of August.