

# What to do if your child is ill?



1.) Students are to stay home from school if they are **ill**, no matter how mild the symptoms.

2.) Screen for COVID-19. Symptoms may include:

## Column A

Fever/Chills  
Cough  
Sore throat/hoarse voice  
Short of breath/difficulty breathing  
Loss of taste or smell  
More than 24 hours of vomiting  
More than 24 hours of diarrhea

## Column B

Runny nose  
Muscle aches  
Fatigue  
Pink eye (conjunctivitis)  
Headache  
Skin rash of unknown cause  
Nausea or loss of appetite

Your child should get tested for COVID-19 if they have:

- One symptom from Column A; or
- Two symptoms from Column B\*.

\*If your child has only one symptom from Column B, isolate and re-screen in 24 hours.

3.) **Option A:** If the individual is still ill after 24 hours, get tested for COVID-19 and isolate awaiting test results.

**Option B:** If the individual is still ill after 24 hours and chooses not to be tested for COVID-19, they are required to isolate for ten days and be symptom-free for 24 hours before returning to school.