

# WESTWOOD GAZETTE

Fall 2021

## BANDS SWEEP FESTIVAL!

By Nathan V.

Band at Westwood is more alive than ever! We're entering the new school year on the momentum of last year's big wins - Symphonic Band and LTJO won silver at Nationals, Senior Jazz won gold, and our bands SWEPT the Optimist Festival last June! To top it all off, our Symphonic Band percussion section received an award for their outstanding performance at Nationals!

We are excited to make music in-person this year, and things are really moving with our three concert bands and two fully voiced jazz bands (Warrior Jazz and the Rouge Road Renegades). While there are no "big concerts on the horizon," according to Mr. Edwards, we are hoping to hold a final concert at the end of the year.

Mr. Edwards welcomes students to join band at any time throughout the year. "I think it's important to note that you do not necessarily have to have any great skill or acumen," says Mr. Edwards. "It's just come on in and I welcome you with open arms and get you started."

Follow [band@westwood](#) on Instagram, Twitter, and [band@westwood.com](mailto:band@westwood.com)



## STUDY TIPS AND TRICKS

By Aries A.

People can usually get through elementary and middle school by just being present in class and doing all the in-class work. However, in high school, the amount of information you are receiving in one sitting increases. So, to make sure you can remember what you need to know and not lose anything in your short-term memory, you need to put that information into your long-term memory. This is done through studying.

Although there are many different types of learners, most people are either Kinesthetic, Visual, or Auditory learners. Kinesthetic learners could get by via rewriting their notes, labeling diagrams, flashcards - activities where you are taking facts in your brain and doing something physical with them. Visual learners can usually reread their notes, reread their textbooks, and look at what they want to learn until it sticks. Auditory learners could listen to content aloud, read it with a friend or a parent, or ask questions out loud to themselves or their peers.

Keep in mind that you don't need to set aside *hours* to study. Just a simple 10-to-20-minute study session to review what you learned in class that day could be all you need.



## WESTWOOD'S YOUTH IN PHILANTHROPY

By Megan M.

School clubs are back in business! One club that is returning is Westwood's Youth in Philanthropy (YiP) committee. As a student group, we will be given \$5,000 from the Winnipeg Foundation to distribute to charities of our choice and make a positive change in the community. We will research and visit various non-profits and interview the people who work there. Our first meeting was October 5, and we plan to have meetings every Wednesday. If you have any questions or would like to join YiP, feel free to find me in the halls!



## THE STUDENT COUNCIL SCOOP

By Sydney M. and Megan M

Student council is back in action! Our first order of business was to welcome all incoming students with an orientation morning and a hot dog lunch! We gained a lot of amazing new members and have had great meetings with awesome ideas. We are super excited to get this year rolling and put on some great events. As a student council, we are currently planning some fun Halloween themed activities leading up to a Spirit Week at the end of the month! Have a great October!

## ATHLETICS FEATURE WITH ETHAN W.

### CROSS COUNTRY TRACK

The Cross Country Track Team has already done Westwood proud this season. The Junior Varsity Girls led by Neve P., Delaney G., Vayda S. and Taya B. are the main story of this year's team. These four athletes are currently in first place in the West Winnipeg Athletic Conference! Way to go girls!

In addition, Trent P. and Mikaela D. have consistently placed in the top 20 in their respective varsity divisions! Congratulations to all of the members of the team and good luck at Provincials!

### VARSITY VOLLEYBALL

The Varsity Girls Volleyball Team consists of a few grade 12s who provide leadership along with a strong group of grade 11s. The team is looking strong to compete in provincials later this season. They started off the season with a 3-0 win followed by competing in the Selkirk tournament.

The Varsity Boys Volleyball Team was excited to get back in the gym and it is evident to coaches that they want to make up for a lost season. There is a palpable energy in practices and coaches are glad to see the guys make their return to the court after a few seasons off. The team is in the gym four days a week and have started the season off successfully with a tournament finals appearance.

### JUNIOR VARSITY VOLLEYBALL

The Junior Varsity Boys Volleyball Team is thrilled to have Westwood grads and former athletes Connor Schmidt and Ethan Duncan return to coach one of the biggest groups the program has seen in years. They kicked off the season with a 3-0 win and look to carry that momentum into league play and multiple tournaments this season.

The Junior Varsity Girls Volleyball Team along with their coaches are thrilled to be back on the court! They started off their season with a 3-0 win and a 2-4 record at the Sturgeon Heights tournament where there was a significant improvement in all aspects of the team's play. It is clear that every athlete is committed to working hard to improve their volleyball skills! Go Warriors!

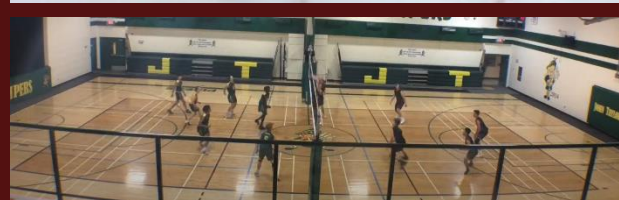
### ULTIMATE TEAM

The Ultimate Team has been practicing since the middle of September. The team is in the gym 4 days a week and have started the season off successfully, making it to the finals in their first tournament.

### BOYS HOCKEY TEAM

By Mr. Christie

Boys' hockey kicked off their season Oct. 15th after a twenty-month hiatus. They had a very competitive training camp and Coach Christie had several tough decisions when selecting the team. They have a strong core of returning players and the additions of Tristen A. and Jarrett R. will give them a chance to compete with anyone in the top division of the WHSHL. Come check out the team's new look at the home opener on Oct. 27th at KW at 4pm. Follow @westwoodwarrior\_hockey on Instagram for the latest news and results on the team.



## CALLING ALL STAFF, STUDENTS, COACHES AND ADVISORS!

*Have any interesting news about Westwood that you want to share? Email us any photos or stories you have about the goings-on in our school! If you want to be a correspondent for a specific topic, email or DM us on Instagram!*

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